

St. John's Hospital
Accident & Emergency Department
Department of Plastic Surgery and Lothian Hand Unit

INFORMATION FOR PATIENTS

REFERRAL TO THE PLASTIC AND HAND SURGERY SERVICE

You have been referred to the Plastic and Hand surgery service at St John's Hospital. They will review your notes and **contact you by telephone** tomorrow morning - with a plan for your treatment.

You will:

- ☐ **NEED TO FAST:** You may require a General Anaesthetic or sedation and so you must fast **(NOTHING TO EAT OR DRINK) from midnight**. If you take regular medicines in the morning – please take these with only a sip of water. Do not take your usual diabetic medicines unless you have been told to do so.
- ☐ **NO NEED TO FAST:** It is thought that your treatment can be carried out under local anaesthetic or does not require a general anaesthetic at this stage. **You do not need to fast and can take your medications normally while you wait to be contacted.**

Please ensure that the Emergency Department reception staff have recorded your contact telephone numbers correctly.

Please bring a list of your current medications to hospital with you when you return.

If you don't hear from the Plastic and Hand Surgery team within 24 hours, or if you have any concerns or questions, please call the St. John's Hospital Plastic Surgery coordinator on 01506 523245.