

Dear patient,

Your GP has referred for you for review of the non-visible blood detected in the urine. Firstly this is common, and what happens next largely depends on your age.

If you are less than 45 years old, then no urology investigations are required. However, your GP may ask for the advice of the kidney doctors if you have any change in your kidney function blood tests or the finding of excess protein in your urine.

Between ages 45 and 60 years, the urology team will arrange an ultrasound scan of your urinary tract. You will be asked to attend the department with a full bladder to increase the accuracy of the ultrasound. If this is all normal then no further investigations are required, and you will get a letter in the post to confirm this. If there is anything abnormal on the ultrasound you may be required to undergo further investigations within the urology department and would get a letter to offer a date for this.

If you are 60 years old with non-visible blood in the water we will invite you for a camera test under local anaesthetic to check the lining of the bladder and the urethra (water pipe). It is a short procedure and you get the results from this at the time of the test. In addition, you will receive an invite for an ultrasound scan of your urinary tract and again should attend with a full bladder for this.

This letter only applies to those whose urine test has identified blood on dipstick testing that is otherwise invisible to the eye. If you have visibly seen blood in your urine at any time in the last 6 months, then this above advice is not applicable. Please contact your GP urgently to be referred back to the urology department as a Visible Haematuria referral.

We hope this simplifies the process for you.

Yours Sincerely

Urology Consultants GGC