

## **Henry Workshops and Programmes**

### **West Dunbartonshire**

#### **Starting Solids**

The Vale Centre for Health & Care - 09<sup>th</sup> Feb 2026 1pm-2:30pm

Bonhill Community Centre - 02<sup>nd</sup> March 2026 1pm-2:30pm

Centre 81 clydebank- 16<sup>th</sup> March 2026- 1pm-2:30pm

#### **Fussy Eating**

The Vale Centre for Health – 23<sup>rd</sup> Feb 2026 1pm-2:30pm

Bonhill Community Centre - 9<sup>th</sup> March 2026- 1pm-2:30pm

#### **5-12 Henry Programme**

Lennox Primary 27<sup>th</sup> Jan 2026

**0-5 Henry Programme** will take place after Easter. Details to follow

Louise Tough 07387 414 287 call or complete through the QR code

