

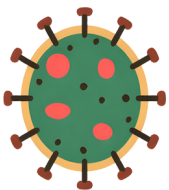
Who are Hospital @ Home

Getting better at home – safe, supported and proven to work.

Hospital at Home provides hospital-level care for people in the comfort of their own home. Care is delivered by a collaborative team of doctors, nurses and therapists. They will provide the same expert care you'd expect on a hospital ward – complete with tailored tests, treatments, and ongoing monitoring. The service is focused on your safety and well-being, so you can heal at home when it's the right choice for you. Once your treatment is completed, the team may discuss your future care goals and will make sure you're safely transitioned to your GP and any community teams who can continue supporting you.



The Benefits of Hospital @ Home



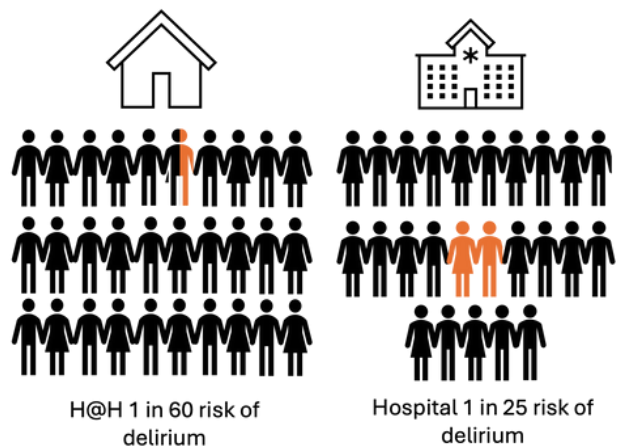
Fewer Infections

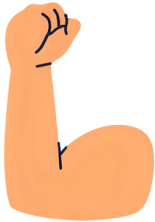
Being at home means you avoid contact with most hospital germs. People cared for at home have far **lower rates of hospital-acquired infections** like flu or MRSA than those in hospital.



Less Confusion (Delirium)

In the UK, only about 1 in 60 people at home became suddenly confused, compared to 1 in 25 in hospital – roughly a **60% lower risk**. Being in your own surroundings helps you stay settled and calm.





Faster Recovery

Hospital-at-Home patients often recover a few days sooner than those staying in hospital. The average length of treatment under the Hospital at Home Edinburgh team is **5-6 days, compared to 10 days** in an acute hospital. Staying mobile and in familiar surroundings helps you get your strength back faster.



More Independence

People treated at home are **less likely to move into a care home** after being unwell: 5.7% compared to 8.7% in the 6 months after hospital admission. More people return to their normal routines and independence.



Higher Satisfaction

Nearly all patients say they **prefer being cared for at home**, feeling safer and more comfortable in their own environment.



Most patients feel safer and happier in their own home



Proven Success In Scotland

In 2024–25, **15,470 people in Scotland** were treated safely at home instead of being admitted to hospital – letting more people recover where they feel best.

Hospital @ Home is Not for Everyone

We will advise you whether Hospital at Home is a suitable option for you. In some cases, you may not feel safe at home or you may need more input in hospital first to make home a safe place. Some people are too unwell and need the input of specialists only available in an acute hospital. We are here to talk through the options with you.

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