

Future Care Planning

An Introduction

Developed by the HomeFirst Programme 2025

A Little Bit of Context ...



Who is Future Care
Planning for?

Everyone should have one!



Who should be
involved?

Everyone's business!

What is Future Care Planning?



An
opportunity to
think about
what is
important.



A guide to help
people
understand who
you are and
what matters to
you.



A tool to help
you feel in
control about
the decisions
that affect you.



A safety net, in
case you are
not able to
communicate
your wishes
later on

What is Future Care Planning is **NOT**?



A Legal Document

It is a guide to wishes and preference, not legal instruction



Set in Stone

It can be changed and updated easily, and as often as needed.



A “Do Not Attempt Cardiopulmonary Resuscitation Form” (DNACPR)

This is a separate document (and conversation).



Mandatory

It is completely voluntary, however we think it is a great idea!

What are the conversation triggers?

If we think
about the
people you
support...



People

Condition



Setting



Who or what
situation
would trigger
the
conversation?

Person
Carer/POA
Health &
Social Care
Community
3rd Sector

New
Diagnosis
Change to
condition
Additional
Health
Conditions

Hospital
admission
/discharge
New Living
Arrangement
End of Life
Care

Things we can talk about ...

How can we help you make informed decisions? Could someone make decisions on your behalf?

What you would like to happen and what you would not?

Who is important to you and who can give you support?

What do we mean by CPR? Is this appropriate for you?

What matters to you?

How do we create an appropriate space for care?

What services support you now or in the future?



D

Decisions



I

Interventions



S

Social
Relationships



C

CPR



U

Understanding



S

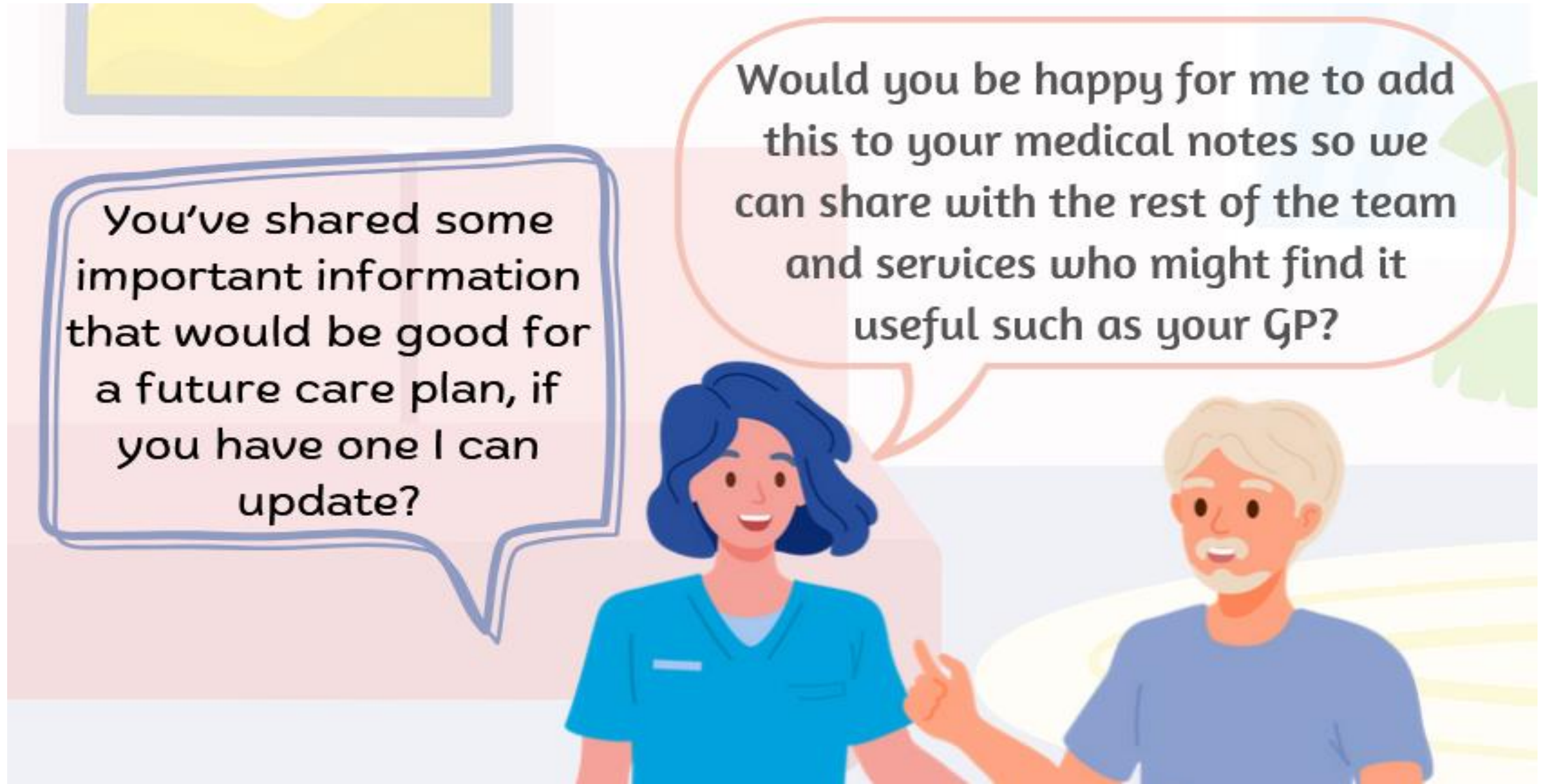
Surroundings



S

Services

Start The Conversation ...



Meet Mo ...



What does a plan look like?



Paper Version of ACP Summary
Please fill in as much information as possible.
If possible, please share information via ACP Summary on Clinical Portal.

Power of Attorney or Guardianship Details
Title: _____ Gender: ☐ M ☐ F Relationship: _____ Keyholder? Yes ☐ No ☐
Forename (s): _____ Surname: _____
Notes e.g. if process is in progress, where paperwork is located etc.

Plan/Current Situation
Diagnoses: _____
Baseline functional and clinical status to help clinician decisions. Baseline functional and clinical status to help clinician decisions. Baseline functional and clinical status to help clinician decisions.

Review and Interventions/family
Review and Interventions/family. Review and Interventions/family. Review and Interventions/family.

Legal Powers
Adults with Incapacity / Legal Powers
Does the individual have a Combined Power of Attorney (financial and welfare)? Yes ☐ No ☐
Does the individual have a Continuing Power of Attorney (finance and property)? Yes ☐ No ☐
Does the individual have a Welfare Power of Attorney (health and/or personal welfare)? Yes ☐ No ☐
Is Power of Attorney in use? Yes ☐ No ☐
Is an Advanced Directive in place (living will)? Yes ☐ No ☐
Is an Adult with Incapacity Section 47 held? Yes ☐ No ☐
Has a Guardianship been appointed under the Adults with Incapacity (Scotland) Act 2000? Yes ☐ No ☐

[Interactive PDF Summary](#)

Focus less on what it looks like...

And more on what it will tell you ...

**Where do they wish
to be cared for,
views on hospital,
what about
treatments?**



**What is
important
and why?**



**What services
are involved?**

**Future Care
Planning**

**Who is important
to them, what is
their role?**



**Information about
their health**
conditions, medication,
baselines, treatment
plans, risks?



**What do they know
about their health?
Goals to aim for?**

resistance



difficult topics



family
dynamics



managing
expectations



capacity



**Barriers and
Challenges**

communication



time &
paperwork



Think. Talk. Plan.



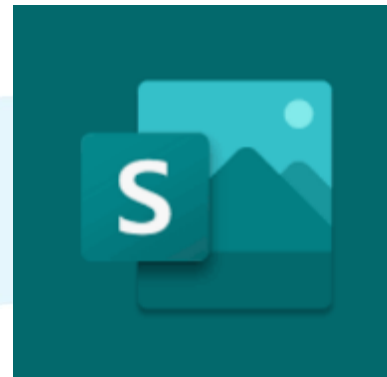
Useful Resources



[FCP Website](http://www.nhsggc.scot/planningcare)



[FCP Resources](#)



[FCP SWAY](#)



[NHSGGC FCP
SharePoint](#)



[Previous Events
Recordings](#)

Thank You

Developed by the HomeFirst Programme 2025