### Ambulatory Medical Hot Clinic

# REFERRAL PATHWAY



For patients well enough to go home from the ED, who require outpatient review by the medical team in Ambulatory Care within 24-72 hours of discharge.

- Confirm plan to refer patient to Ambulatory Medical Hot Clinic with ED Consultant or Registrar
- In hours, please discuss patient with Ambulatory Care team on 21297/07885807748
- Refer patient as outlined below

#### Referral Process

Complete all usual management in ED

Write clear provisional diagnosis or problem list in EPR at the end of your clinical note

Ensure correct telephone contact details for patient are available on Trak

#### To book patient into the clinic:

- Ask ED reception to book patient into the Ambulatory Care Clinic as a NEW AMBULATORY MEDICAL HOT CLINIC patient.
- Advise patient they will receive a phone call between 9am and 11am on the selected date with an appointment time to attend.

Discharge patient with clear worsening advice and the attached Ambulatory Care Information leaflet, ticking Ambulatory Care as the discharge destination on Trak.

### **Ambulatory Medical Hot Clinic**

# **Patient Criteria**



# Inclusion

- Clinically well patient, safe for discharge from ED, and able to attend outpatient Ambulatory Care appointment within next 24 72 hours.
- For treatment or investigation which can be managed in an outpatient clinic setting
- Must not require hospital transport
- Example patient groups:
  - Review of treatment progress
  - For monitoring of blood tests eg AKI, deranged non obstructive LFTs, electrolyte abnormalities, raised INR
  - Review of new Atrial Fibrillation
- Above list is not exhaustive. If unsure, please discuss with Ambulatory Care directly or with ED senior.

# **Exclusion**

- Clinically unwell patients requiring hospital admission
- Patients without transport or means to attend outpatient appointment
- Patients for whom an alternative referral pathway already exists eg Diabetes, Malignancy, Collapse & Syncope, Day Hospital, TIA, Surgical Hot Clinic – See separate referral processes on EMIBANK
- Patients for whom GP follow up would be appropriate

Useful numbers:
Ambulatory Care Clinic 21297/07885807748
Medical Consultant #6648
Medical Registrar 4110
H@N Registrar 4030
AMU Reception 21422
ED Reception 21300

<sup>\*</sup>Blood transfusion and IV iron therapy <u>not</u> currently available in Ambulatory Care – this can be arranged via medical day case.

#### **Ambulatory Care**

# **Patient Information Leaflet**



You are being investigated or treated for the cause of your illness and the Emergency Department team looking after you have decided that you are well enough to go home with further care as an out-patient in our *Ambulatory Care Clinic*.

- An appointment has been made for you in the Ambulatory Care
   Clinic on / /
   You will receive a phone call between 9am and 11 am on this date to
   arrange an appointment time for you to attend the clinic.
- It is likely that we will arrange to assess you in the Ambulatory Care Clinic, however it may be that you are referred elsewhere if this is felt more appropriate for your care. This will be discussed with you.

If you are asked to attend the Ambulatory Care Clinic, please report to the **Acute Medical Unit** Reception where staff will book you in. From there, you will be called for review in the clinic which is based nearby in OPD 6.

Please continue to take any other medications prescribed for you unless advised to stop them.

Please be aware that you may spend some hours in the clinic and please bring an overnight bag in case you subsequently need hospital admission.

You should attend the Emergency Department if you become more unwell after going home.

You can telephone for advice if you are unsure: Emergency Department – 0131 242 1300 Acute Medical Unit – 0131 242 1422