

Henry Programmes and Workshops

East Renfrewshire

Starting Solids

The Arc Barrhead- 15th Jan 2026 1pm-2:30pm

Eastwood Health Centre (silverbirch room)- 22nd Jan 2026 1pm-2:30pm

Eastwood Health Centre (silverbirch room) – 12th Feb 2026 1pm-2:30pm

Busby church hall- 29th Jan 2026- 1pm-2:30pm

Fussy Eating

The Arc Barrhead- 5th Feb 2026 1pm-2:30pm

Eastwood Health Centre- 26th Feb 2026 1pm-2:30pm

Fussy eating and understanding childrens behaviour workshop will take place at Braidbar Primary school and 5-12 programme will be running after that.

0-5 Henry Programme- Venue to be confirmed. Details to follow

Louise Tough 07387 414 287 to call or referral through QR code

