

PLACES FOR HELP AND SUPPORT

ADVICE WORKS- CANCER AND PALLIATIVE CARE PROJECT

25 Church Street
Johnstone
PA5 8FA
Tel: 0300 300 1238
Email: adviceworks@renfrewshire.gov.uk

Benefits and Money Advice Surgeries

Your healthcare professional can refer you to the project or you can call us directly or drop-in to see us. We can arrange a home visit should you not be able to manage along to a drop-in.

Drop-in waiting times can vary, so please phone to arrange an appointment if you would prefer.

THE IMPROVING THE CANCER JOURNEY

McMillan Cancer Support
Tel: 0300 300 1380
Adultservicesreferral.sw@renfrewshire.gov.uk

Offers: Physical, financial and emotional support.

CANCER SUPPORT SCOTLAND

(Old Church) Tel: 0141 337 8199

Offers: Complementary therapy, Podiatry / Nail bar, Counselling

Rays of Hope

Cancer Support Group

The Rainbow Centre, 27 Byers Rd, Elderslie
Tel: 01415760057
Mobile: 07305747323

Offers: Counselling, Gentle exercise, Craft classes, Walking group. Ask about other activities

Breast Cancer Now

Tel: 08088006000

Offers: Someone like me
Moving Forward

MAGGIES

Tel: 0141 357 2269

**** Prehabilitation for optimising personal, physical & emotional circumstances following cancer diagnosis ****

During treatment:

Look Good Feel Good, Scarf tying, Relaxation, Benefit Advisor, Counselling

Post treatment:

Nutritionist, What now? Stress Management

MACMILLAN CANCER INFORMATION AND SUPPORT SERVICE

Tel: 01413144409

Ferguslie Library: Wednesday 11-2pm

Erskine: Monday 1-4 pm

Renfrew Library: Tuesday 11-2pm, Thursday 1-4 pm

WELLBEING CENTRE

Level 4, WoS Beatson Oncology Centre
Tel: 0141 301 7667

Offers: Patient and family support, Complementary therapy, Wigs Hairdresser, Podiatry, Special Health & Work Service

USEFUL WEBSITES FOLLOWING DIAGNOSIS OF BREAST CANCER

www.Macmillan.org.uk
www.breastcancernow.org
www.Cancerresearchuk.org
www.Glasgow@maggiescentres.org
www.beatsoncancercharity.org