Variceal GI Bleed (Sengstaken-Blakemore Insertion)

EQUIPMENT	TICK
Cliny Sengstaken Blakemore Tube – 18Fr × 1*	
50ml Leur Lock Syringe × 1	
50ml Catheter Tip Syringe × 1	
Spigots × 2	
Lubricating Gel Sachet (Aquagel / KY) × 2	
Wooden Tongue Depressors × 2 (in blood sample bag to keep clean)	
Elasticated Adhesive Bandage (White Tape) - 2.5cm x 4.5m × 1**	
Visor × 1	
Protocol for Insertion of Sengstaken-Blakemore Tube (SBT) (available on Right Decisions)	

Date	box	mad	le-u	p:
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Completed by (sign & print):

Shortest expiry date:

*Please scan the QR code to let Scott and the Housekeepers know the box has been used and we will arrange a new Sengstaken Blakemore Tube



^{**}Available from Minor Injuries

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Document:	Published Date:	Review Date:	Author: S Clarke (adapted from		Lothian	
	13/11/2025 05/06/2027		NHSL SBT insert	ion protocol)	Locillair	PEDIC ON