Polypharmacy – National data pack for GP Clusters February 2025

Further GP practice and cluster specific information around polypharmacy and additional prescribing indicators are available on the [National Therapeutics Indicator dashboard](). (data up until September 2024)

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- People receiving ≥10 medicines including a high-risk medicine (all ages)
- People receiving ≥10 VTMs[1] and at least one high-risk item (by age band and SIMD quintile)
- People receiving ≥10 medicines including a high-risk medicine (75+)
- People receiving ≥10 medicines including a high-risk medicine (65-74)
- People receiving ≥10 medicines including a high-risk medicine (0-64)

- People receiving ≥10 medicines (all ages)
- People receiving ≥10 VTMs (by age band and SIMD quintile)
- People receiving ≥10 medicines (75+)
- People receiving ≥10 medicines (65-74)
- People receiving ≥10 medicines (0-64)
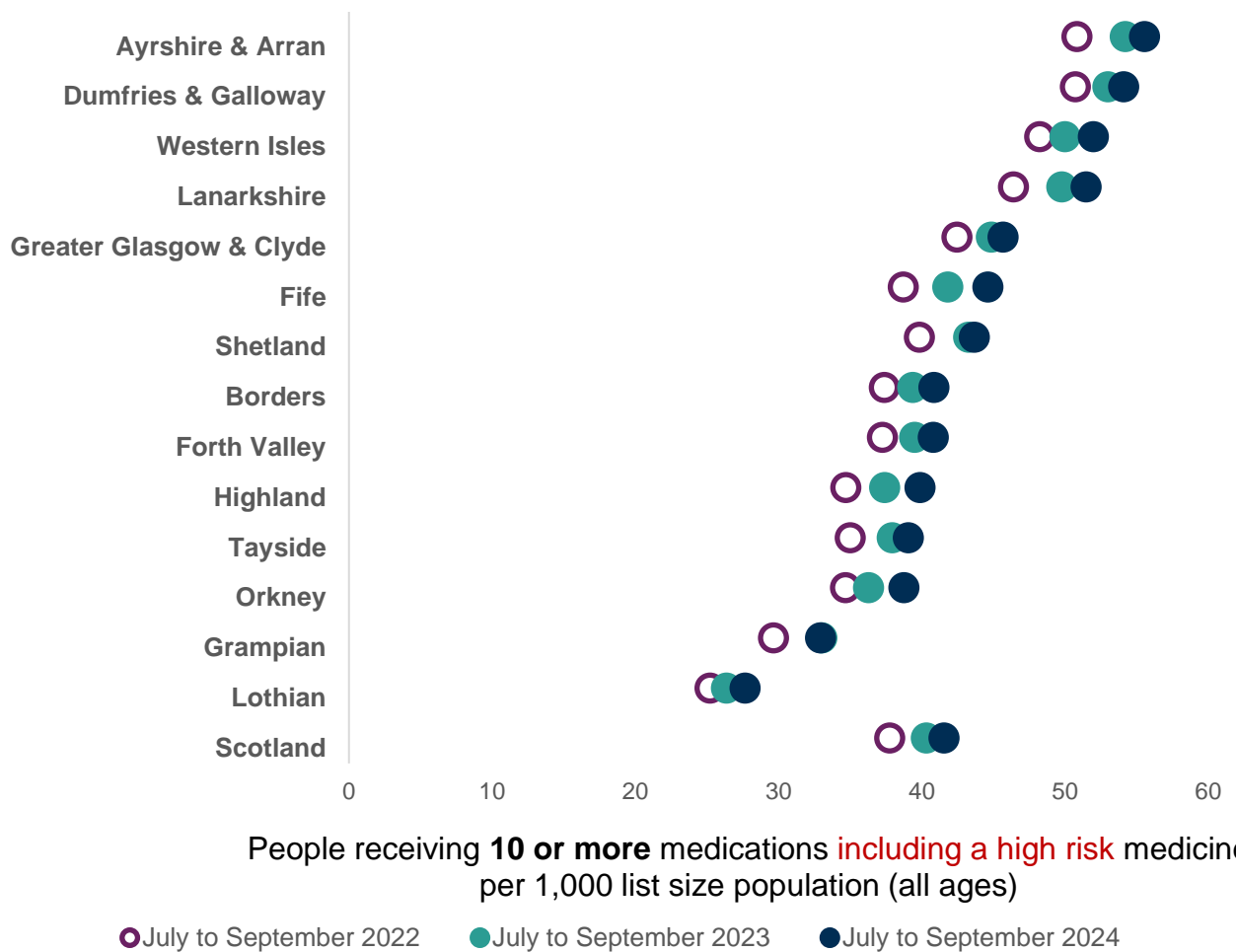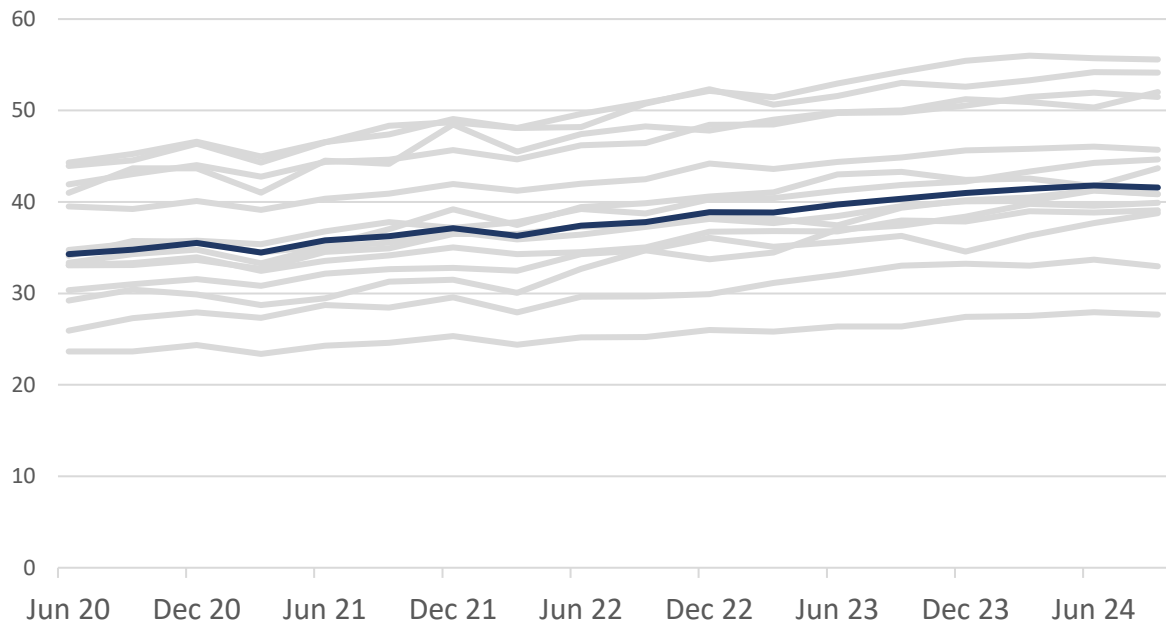
Charts Part 2

- People receiving 5-9 medicines (all ages)
- People receiving 5-9 medicines (75+)
- People receiving 5-9 medicines (65-74)
- People receiving 5-9 medicines (0-64)

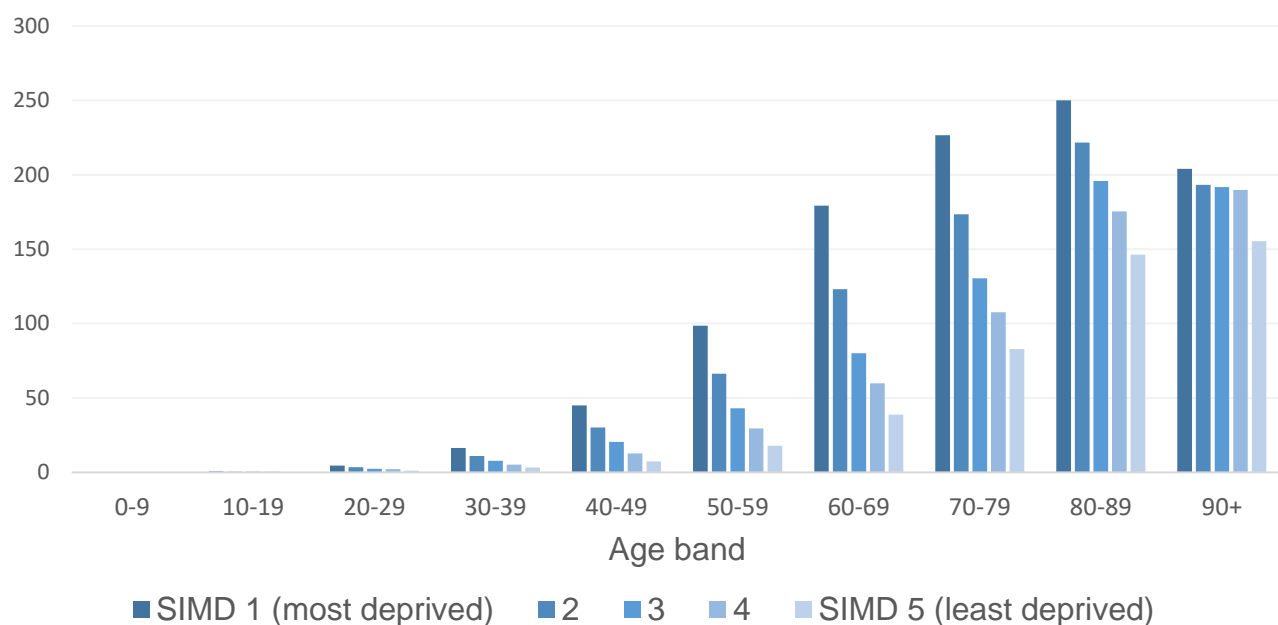**High-risk** medicine from BNF categories:

- 0201 - positive inotropic drugs
- 0202 - diuretics
- 0205 - hypertension and heart failure
- 0208 - anticoagulants and protamine
- 0209 - antiplatelet
- 0401 - hypnotics and anxiolytics
- 0402 - drugs used in psychoses and related disorders
- 0403 - antidepressant drugs
- 1001 - drugs used in rheumatic diseases and gout
- 040702 - opioid analgesics

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[1] VTM - virtual therapeutic moiety, i.e. the most generic representation of a medication that only conveys the medication, e.g. paracetamol.

People receiving **10 or more** medications including a high risk medicine per 1,000 list size population (all ages)

People receiving **10 or more** medications including a high risk medicine per 1,000 list size population (all ages)
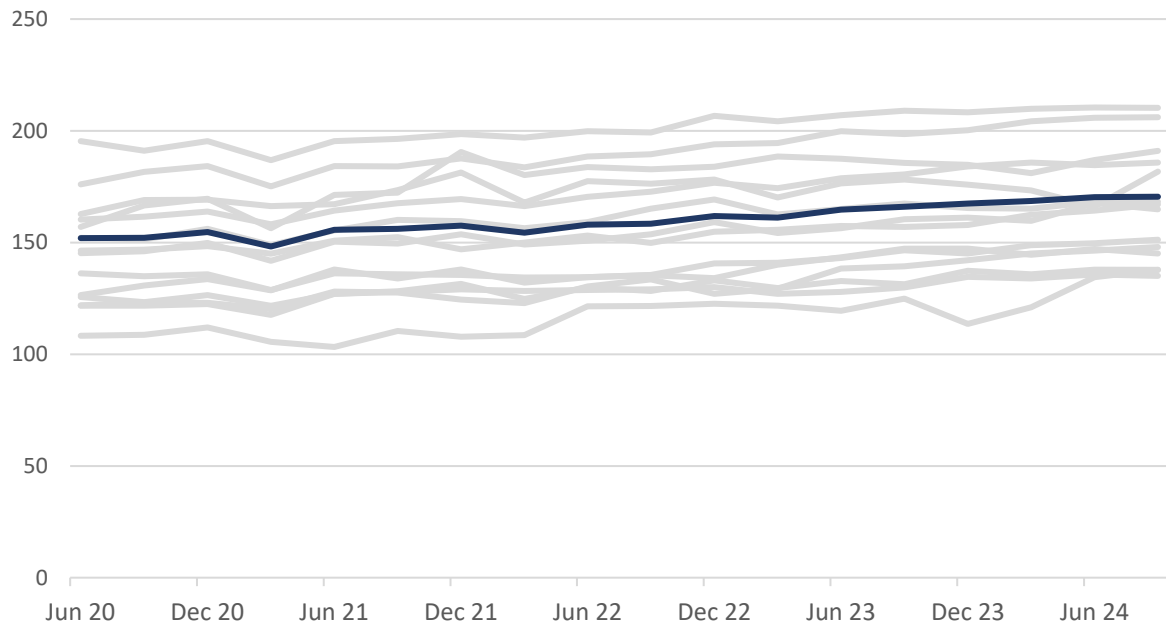
Number of people receiving **10 or more** VTMs and at least one high risk item per 1,000 population by age band and 2020 SIMD quintile
(July to September 2024)

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[2] VTM - virtual therapeutic moiety, i.e. the most generic representation of a medication that only conveys the medication, e.g. paracetamol.
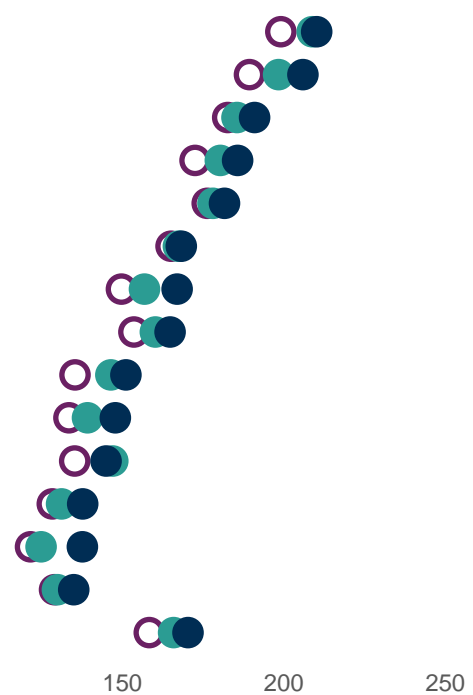
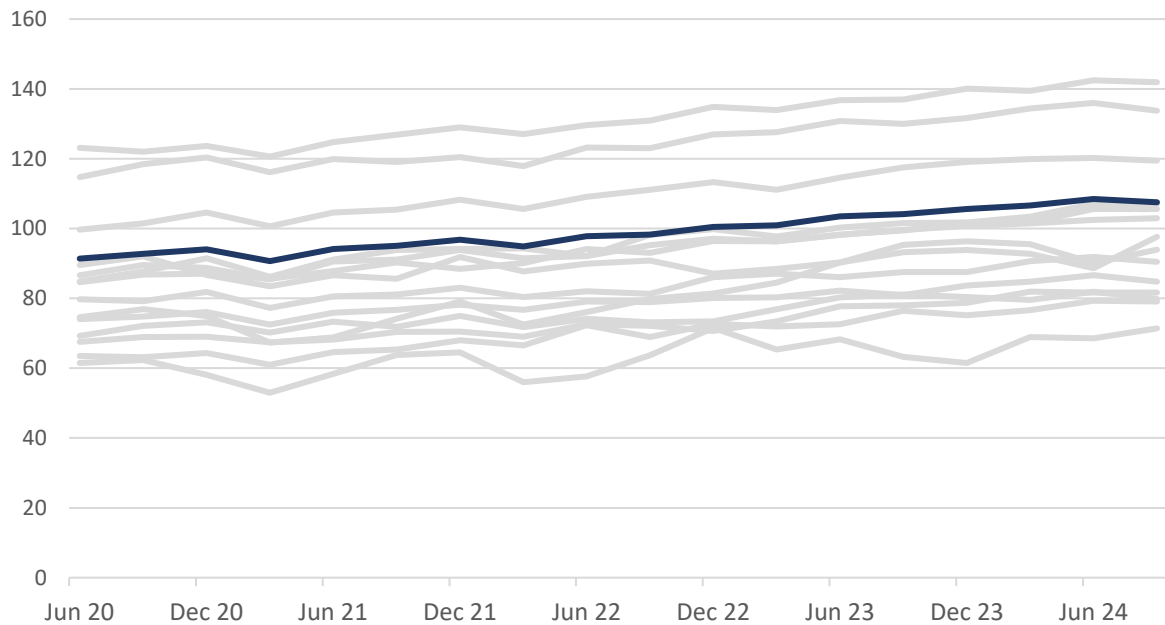# People receiving **10 or more** medications including a high risk medicine per 1,000 list size population (age 75+)

People receiving **10 or more** medications including a high risk medicine per 1,000 list size population (age 75+)

○ July to September 2022 ● July to September 2023 ● July to September 2024

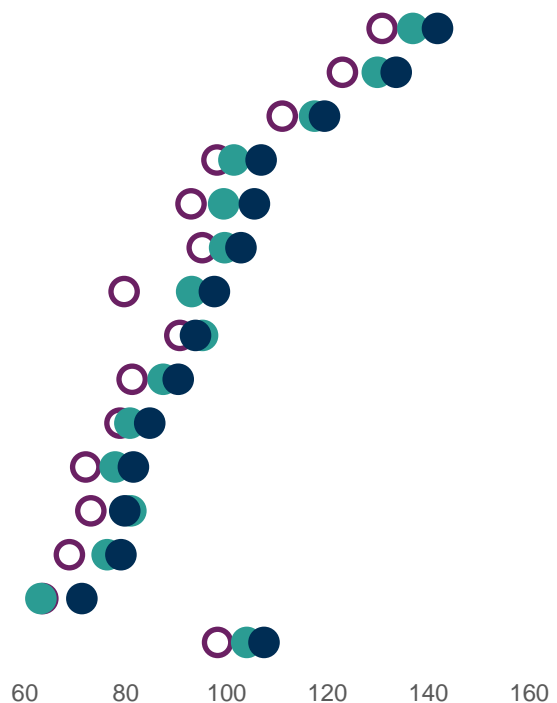## People receiving **10 or more** medications including a high risk medicine per 1,000 list size population (age 65-74)
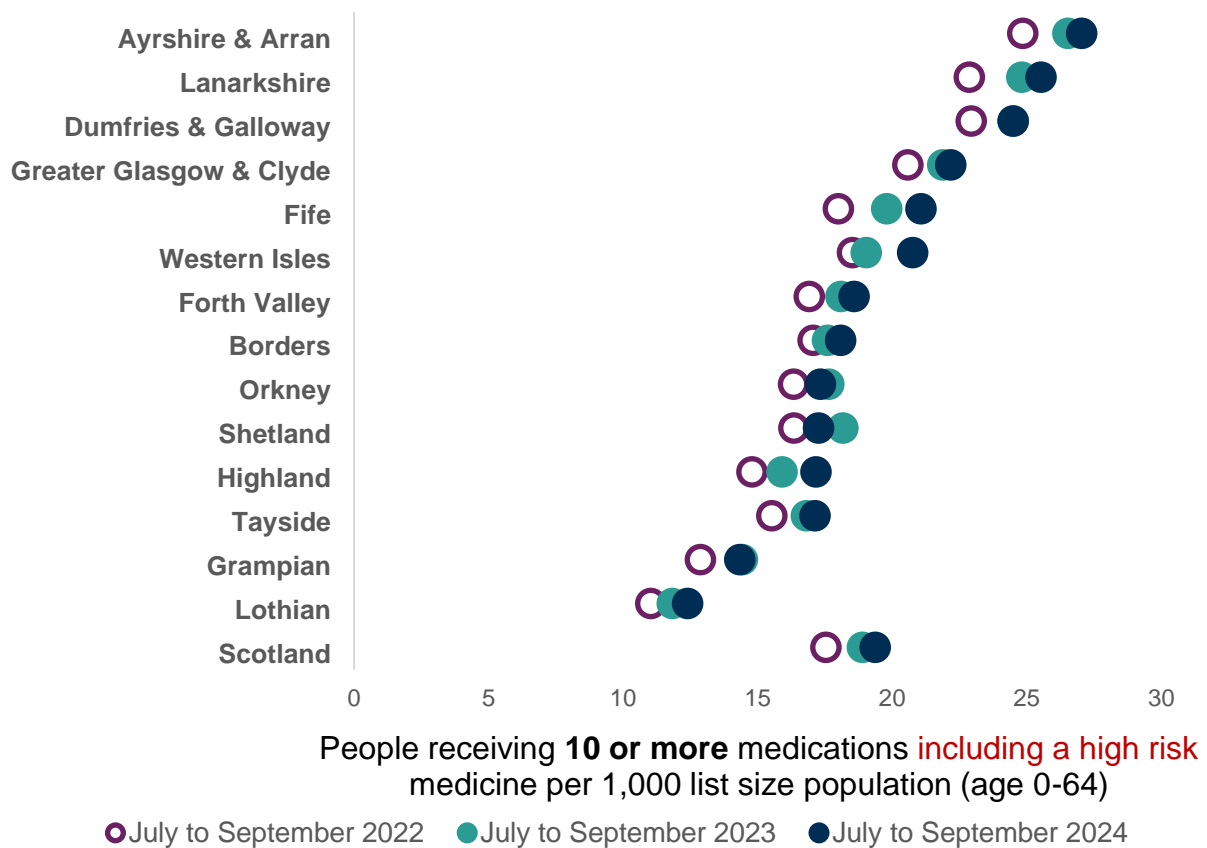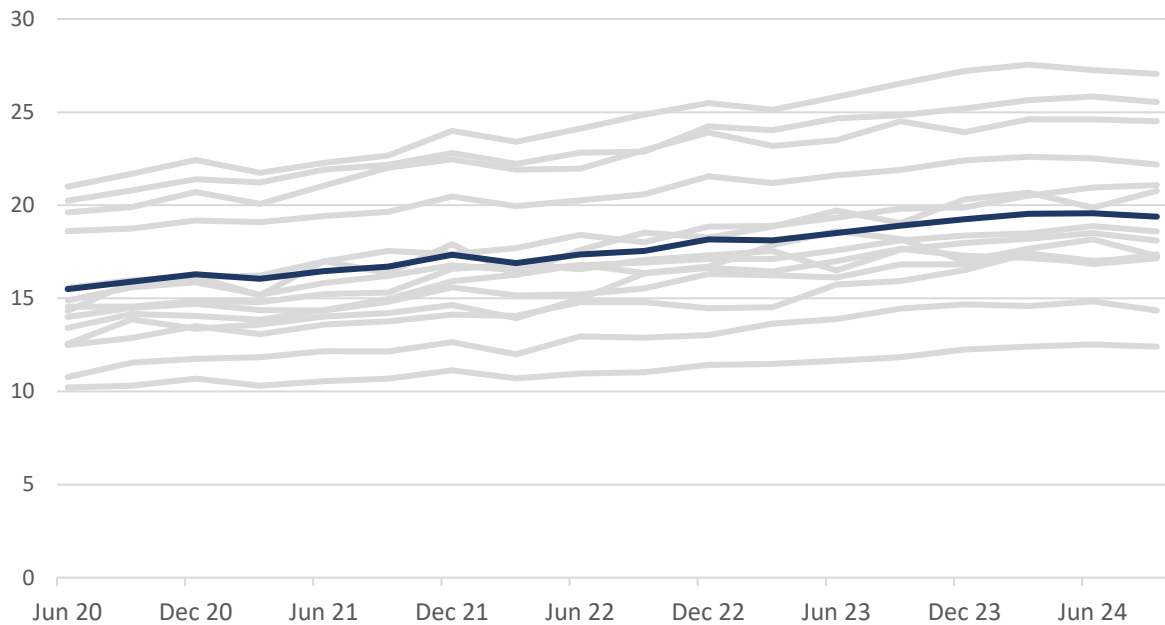

People receiving **10 or more** medications including a high risk medicine per 1,000 list size population (age 65-74)
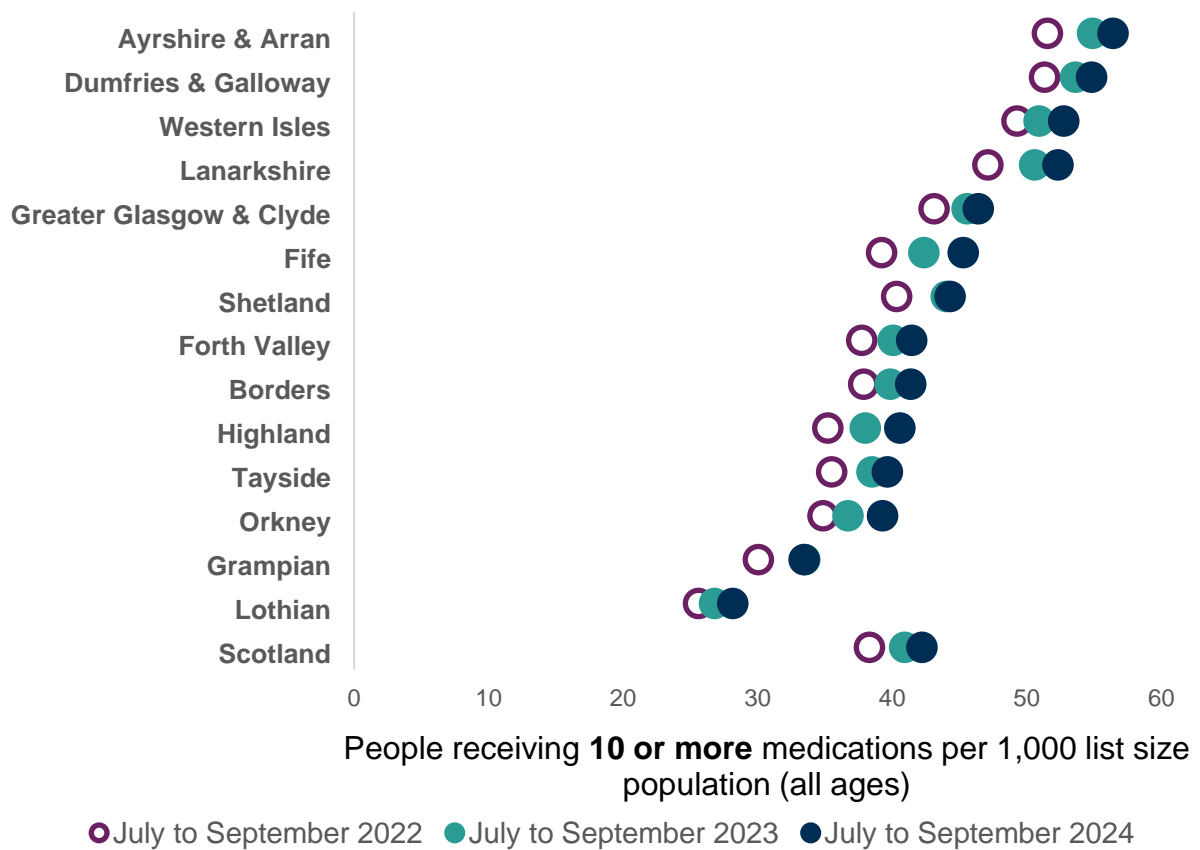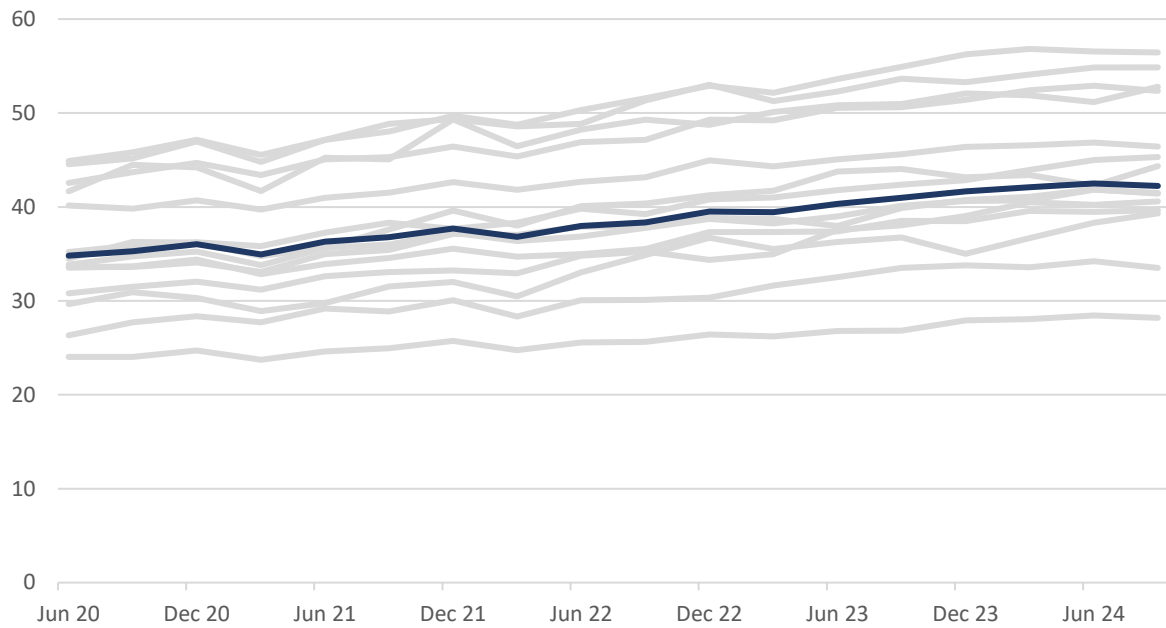
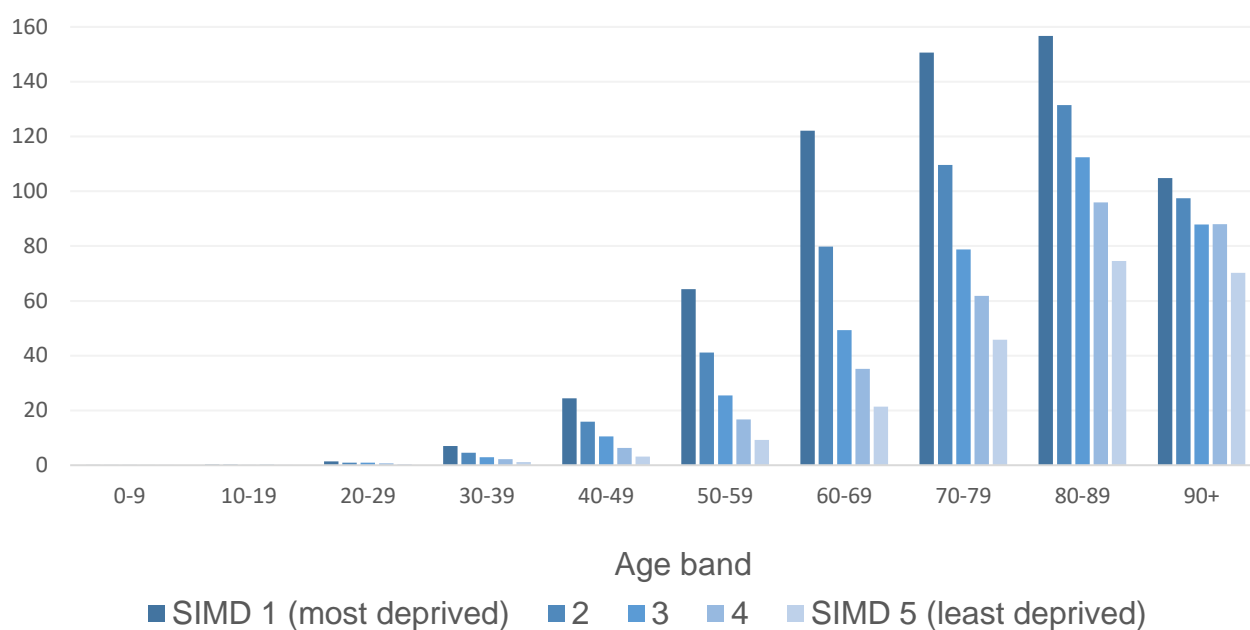○ July to September 2022 ● July to September 2023 ● July to September 2024

People receiving **10 or more** medications including a high risk medicine per 1,000 list size population (age 0-64)
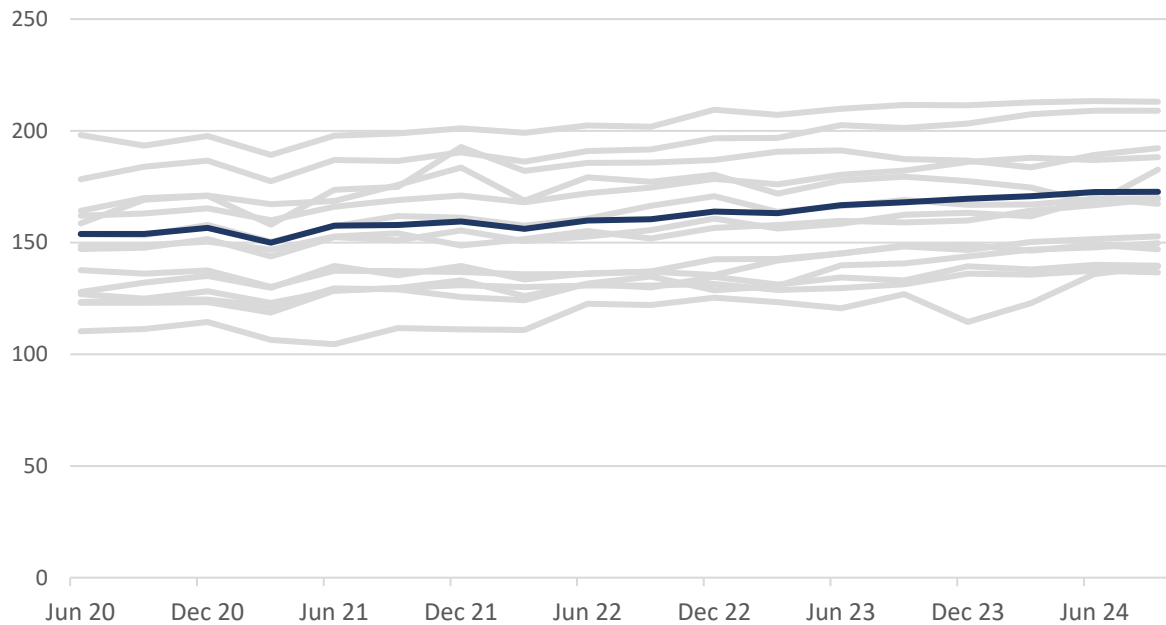

People receiving **10 or more** medications including a high risk medicine per 1,000 list size population (age 0-64)

○ July to September 2022 ● July to September 2023 ● July to September 2024

People receiving **10 or more** medications per 1,000 list size population (all ages)

People receiving **10 or more** medications per 1,000 list size population (all ages)

○ July to September 2022   ● July to September 2023   ● July to September 2024

Number of people receiving **10 or more** repeated VTMs per 1,000 population by age band and 2020 SIMD quintile (July to September 2024)

People receiving **10 or more** medications per 1,000 list size population (age 75+)
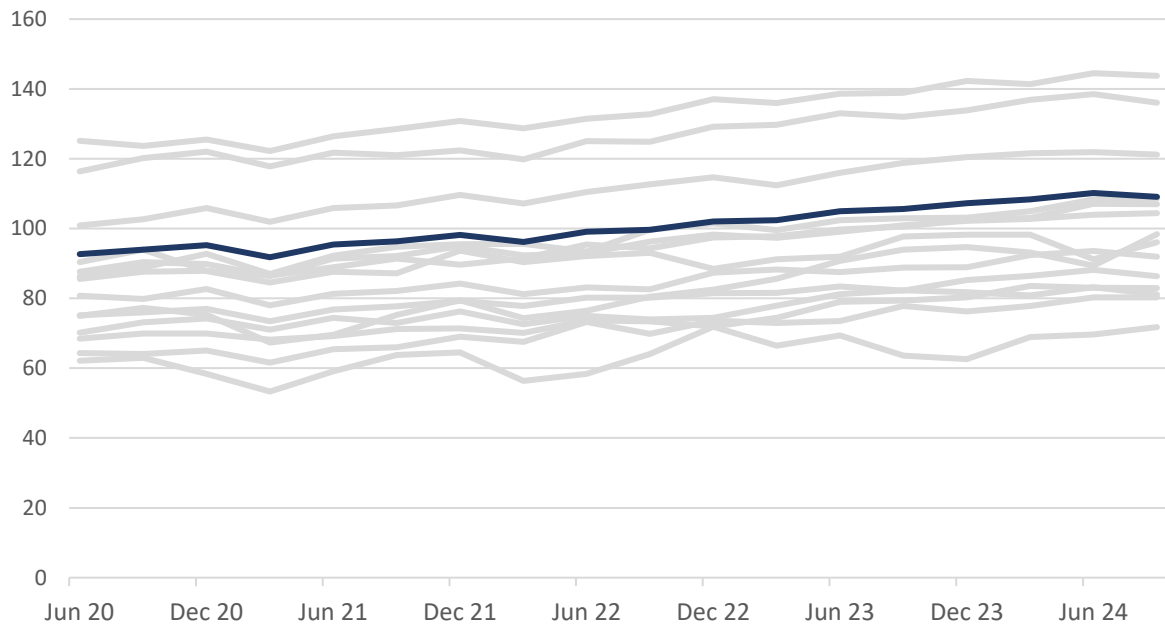

People receiving **10 or more** medications per 1,000 list size population (age 75+)

○ July to September 2022 ● July to September 2023 ● July to September 2024

People receiving **10 or more** medications per 1,000 list size population (age 65-74)

People receiving **10 or more** medications per 1,000 list size population (age 65-74)

○ July to September 2022　● July to September 2023　● July to September 2024

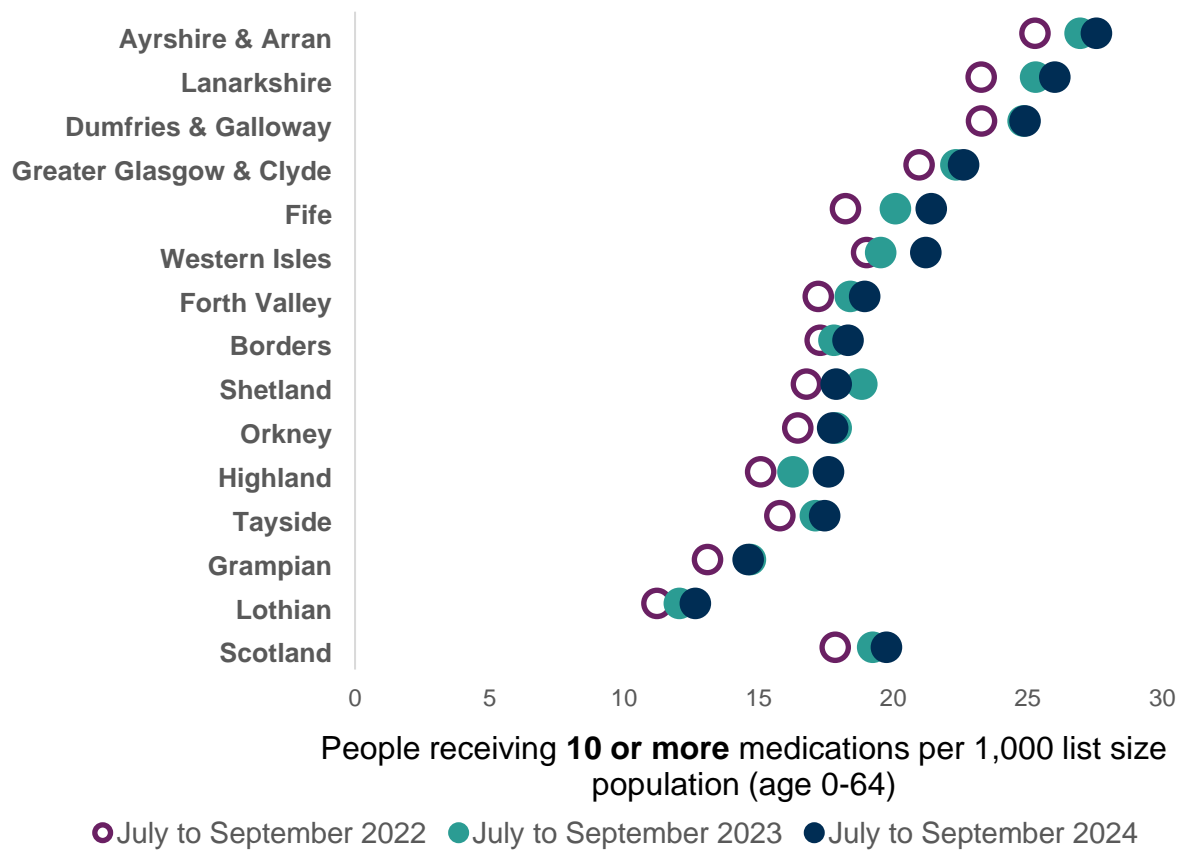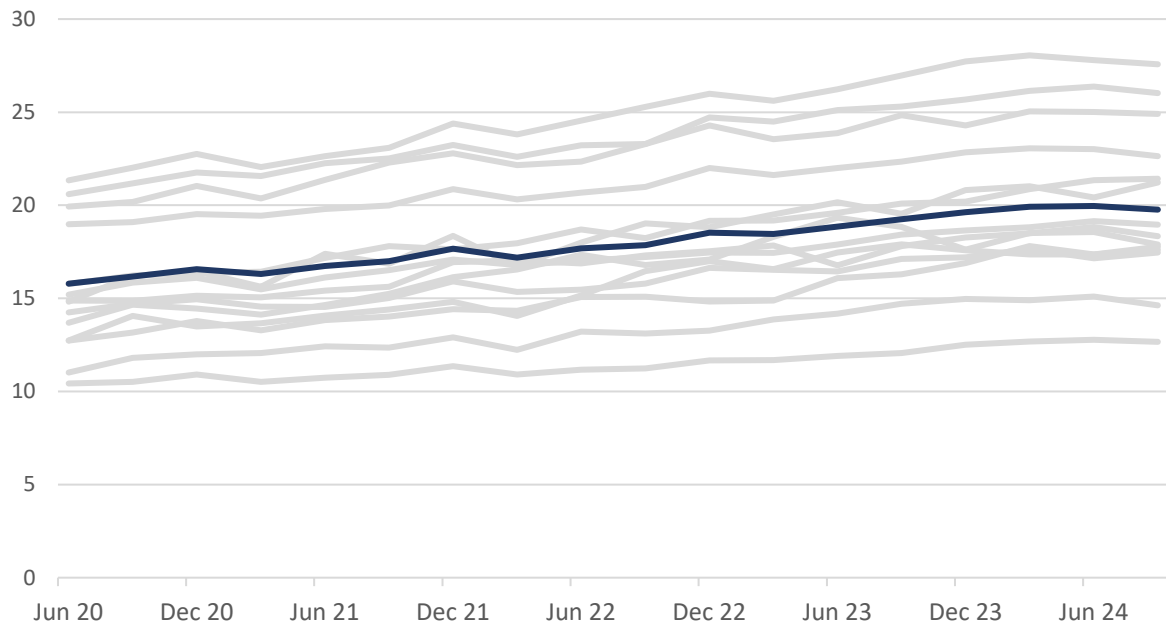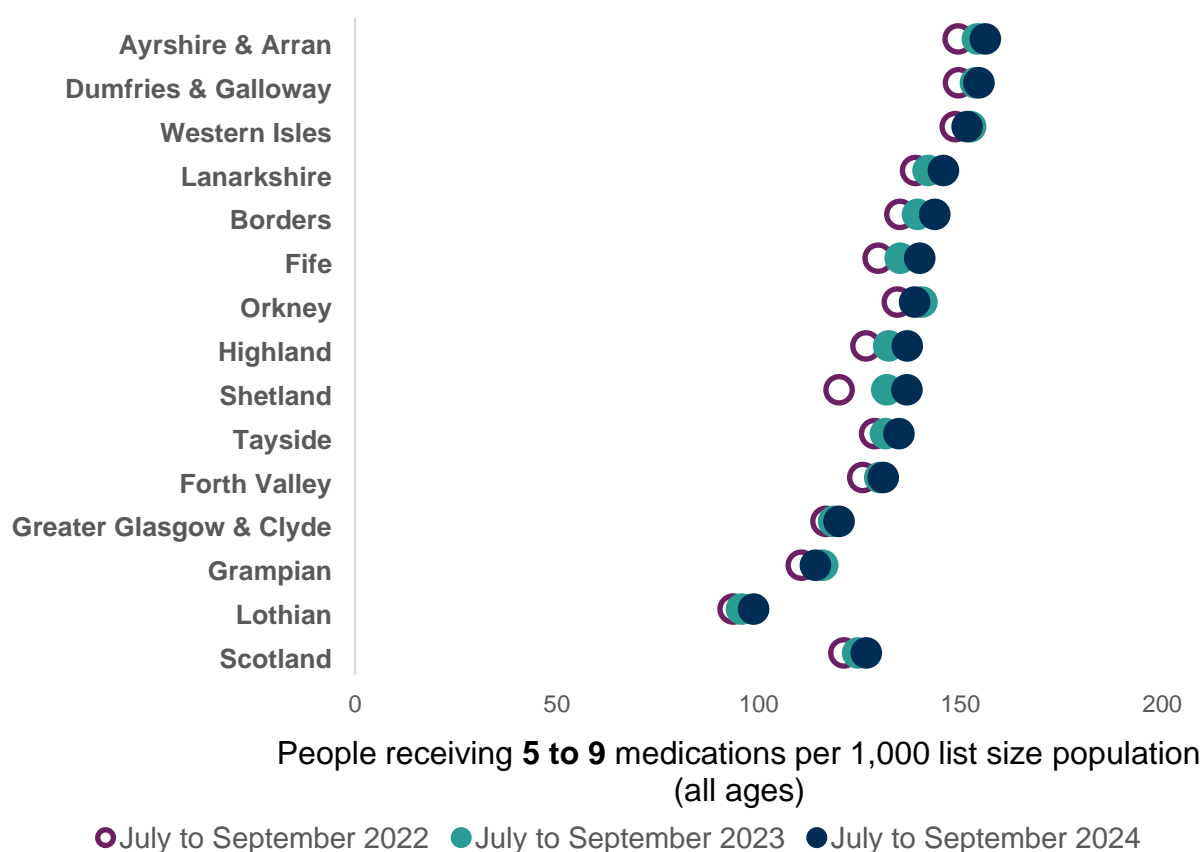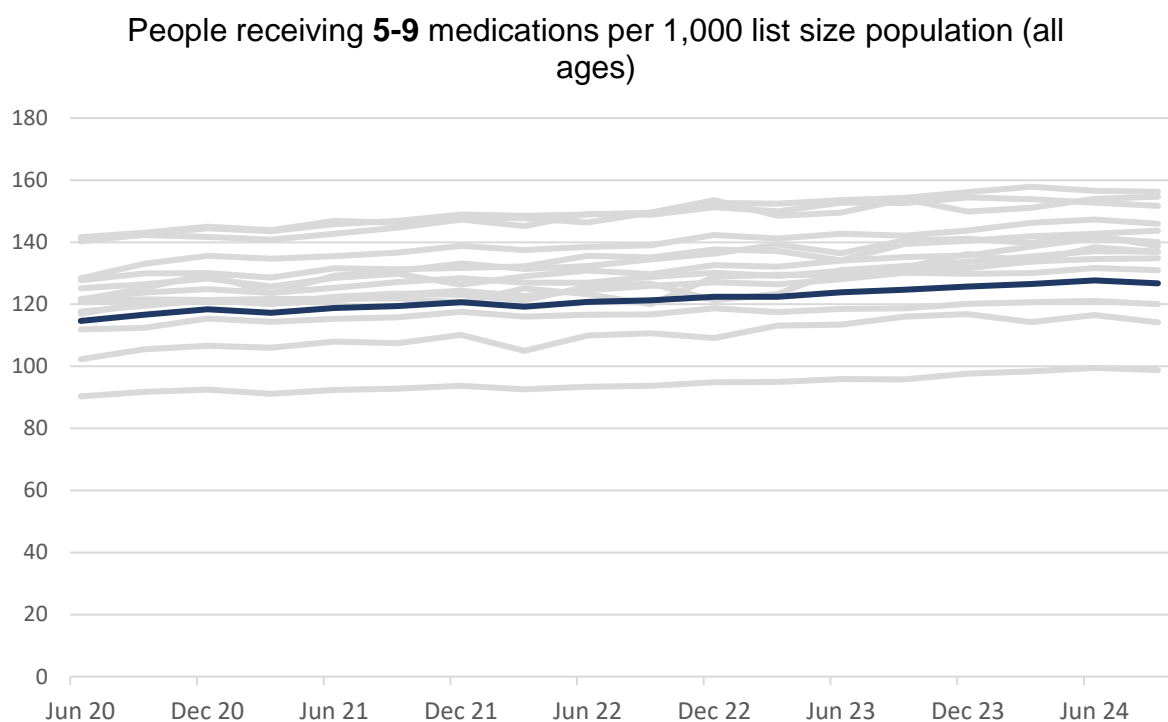## People receiving **10 or more** medications per 1,000 list size population (age 0-64)
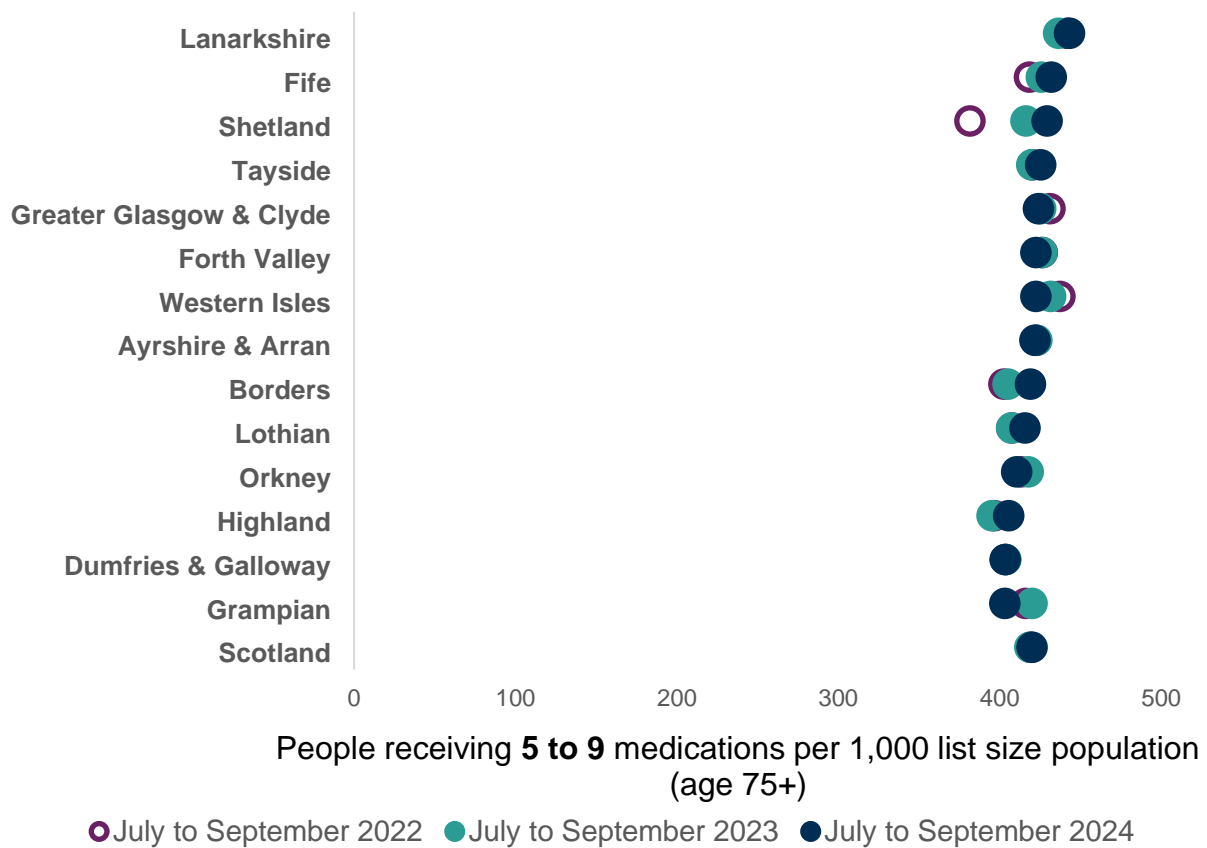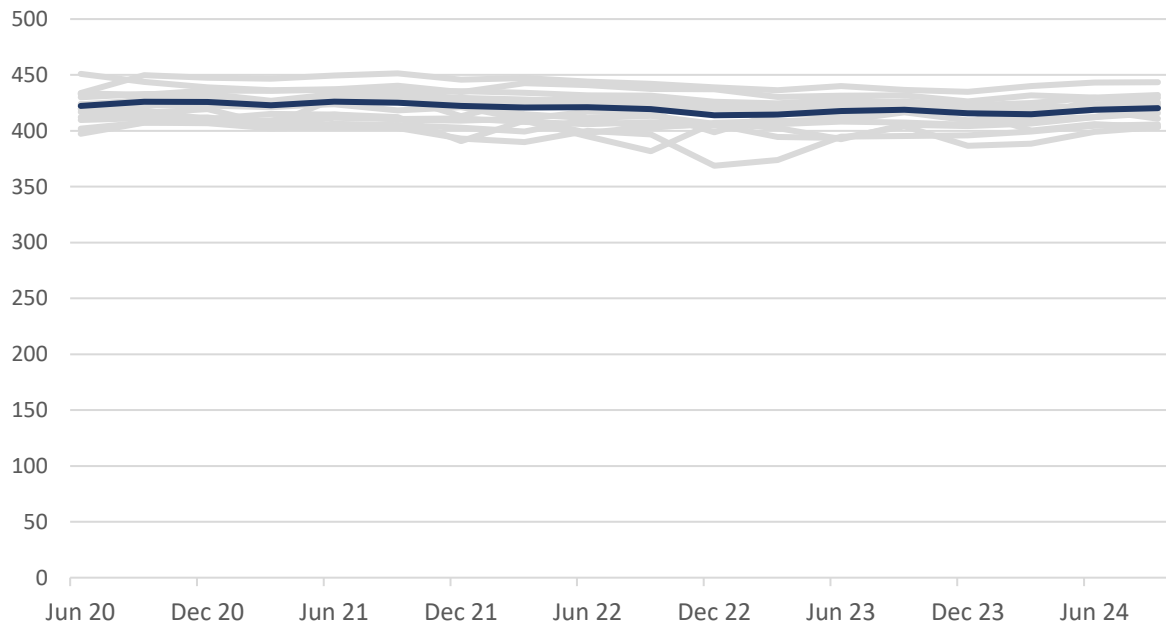

People receiving **10 or more** medications per 1,000 list size population (age 0-64)

People receiving **5-9** medications per 1,000 list size population (all ages)

People receiving **5 to 9** medications per 1,000 list size population (all ages)

○ July to September 2022   ● July to September 2023   ● July to September 2024

People receiving **5-9** medications per 1,000 list size population (age 75+)

People receiving **5 to 9** medications per 1,000 list size population (age 75+)

○ July to September 2022 ● July to September 2023 ● July to September 2024

People receiving **5-9** medications per 1,000 list size population (age 65-74)

People receiving **5 to 9** medications per 1,000 list size population (age 65-74)

○ July to September 2022 ● July to September 2023 ● July to September 2024

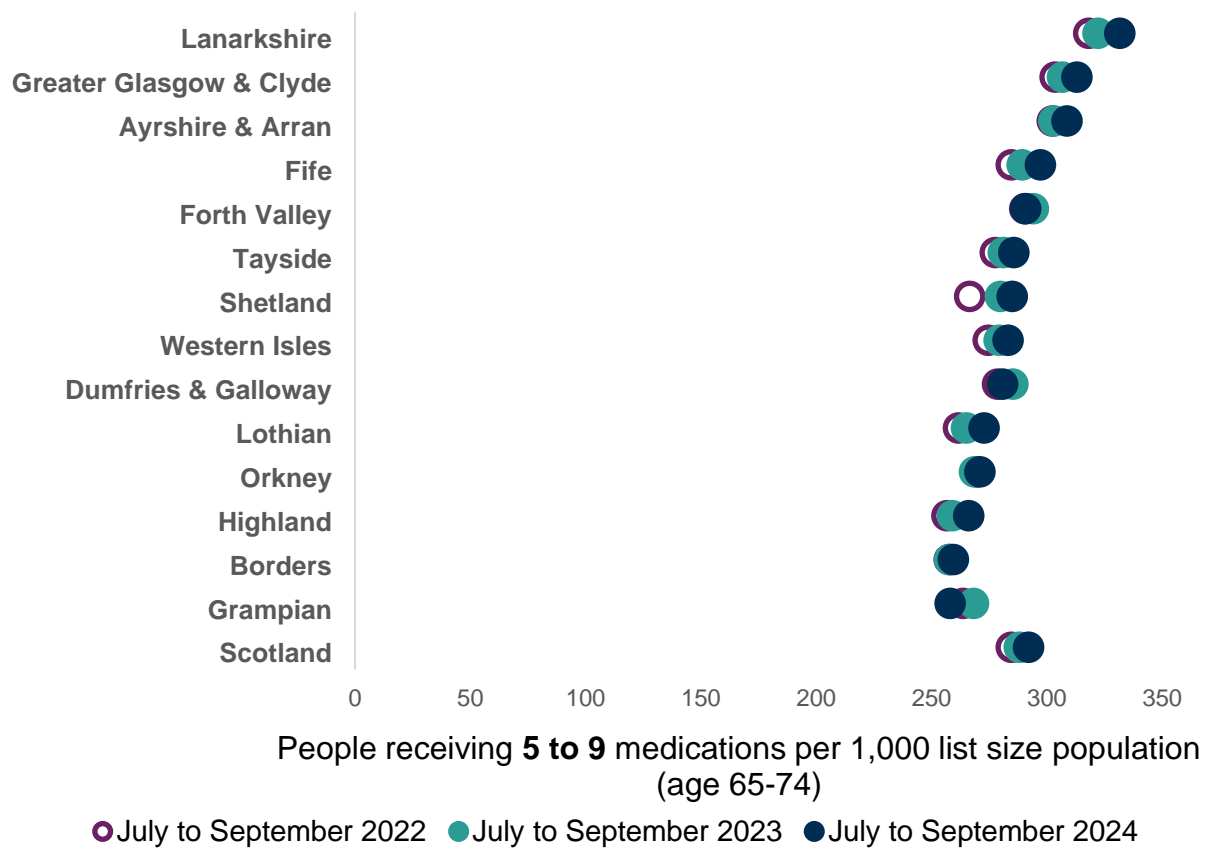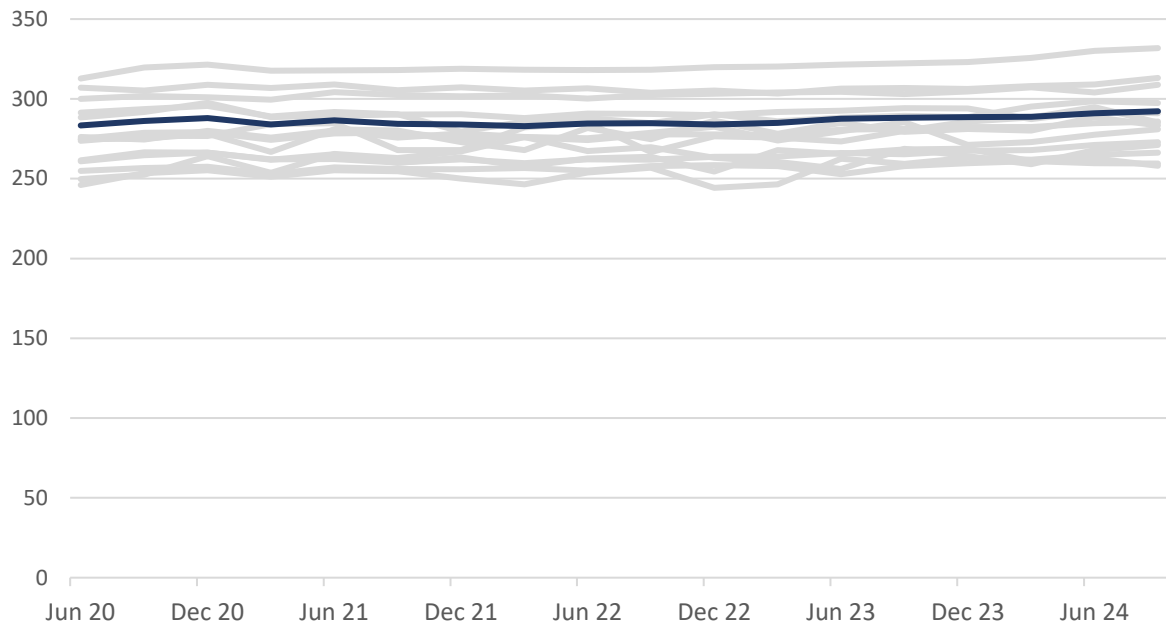# People receiving **5-9** medications per 1,000 list size population (age 0-64)

People receiving **5 to 9** medications per 1,000 list size population (age 0-64)

○ July to September 2022 ● July to September 2023 ● July to September 2024