

Appendices

Cocaine Assessment Tool

Which drugs have you taken in the last 6 months and how often do you typically take them?					
	Less than once a week	Weekly	Most days	Daily	More than once a day (how many times?)
Heroin					
Methadone (street)					
Methadone (prescribed)					
Buprenorphine (espranor/ subutex) and/or Buprenorphine + Naloxone (suboxone)(street)					
Buprenorphine (espranor/ subutex)and/or Buprenorphine + Naloxone (suboxone) (prescribed)					
Benzodiazepine(street)					
Benzodiazepine (prescribed)					
Alcohol					
Pregabalin (prescribed)					
Pregabalin (street)					
Gabapentin (prescribed)					
Gabapentin (street)					
Cocaine powder					
Cocaine freebase/crack					
Cocaine and heroin (snowball)					
Amphetamine					
Methamphetamine					
New psychoactive substance stimulant type (NPS)					
Steroid (IPEDS)					
Human Growth Hormone (IPEDS)					
Tanning agents/melanotan (IPEDS)					
Other (what?):					
Are you on any other prescribed medications? (please specify): e.g. ARV, anti-depressants etc.					

Patterns of cocaine/crack use

How would you describe your use?	
Occasional use	
Regular use	
Binge use	
Daily use	
Over the last 6 months on average how much would you typically use in a day/ drug using session?	
If you binge, how many days would be a typical binge session?	
During the past 6 months, how often have you had a strong desire or urge to use cocaine/crack?	
Never/almost never	
Sometimes	
Often	
Always/almost always	
How long does a single hit last for?	
Less than 15 mins	
15-30mins	
30 mins-1 hour	
1-2 hours	
2-4 hours	
How long do you usually leave between hits?	
Less than 30 mins	
30-60mins	
1-2 hours	
2-4 hours	
4-6 hours	
6-8 hours	
Over the last 6 months on average how many hits do you get out of a gram/rock etc.?	

Dependence

Over the last 3 months: Did you ever think your use of cocaine was out of control?			
Never/almost never	Sometimes	Often	Always/nearly always
Did the prospect of missing a hit make you very anxious or worried?			
Never/almost never	Sometimes	Often	Always/nearly always
Did you worry about your use of cocaine?			
Never/almost never	Sometimes	Often	Always/nearly always
Did you wish you could stop using cocaine?			
Never/almost never	Sometimes	Often	Always/nearly always
How difficult would you find it to stop or go without?			
Not difficult	Quite difficult	Very difficult	Impossible

Side effects

How often do you experience any of the following when you use cocaine/crack?				
	Never/almost never	Sometimes	Often	Always/nearly always
Chest pain				
Palpitations/racing heart				
Fits/seizures				
Pain or burning at injecting site				
Coughing				
Difficulty breathing				
Burns/blisters/sores				
Disturbed sleep/insomnia				
Agitation				
Fear or panic				
Anxious				
Confused				
Paranoid				
Hear or see things				
Thinking people are trying to harm you or you are being watched/bugged etc.				
Thoughts of harming yourself or others				
Overdose				
Comedown effects, e.g. irritability, low mood				

Physical/Mental health history

Any current or previous health history which may impact on your cocaine/crack use?
E.g. physical health issues or concerns / attend hospital consultants etc.? history of contact with mental health services or treatment from GP

Poly substance use

Do you take other substances to help manage any of the side effects you experience?
(tick all that apply)

Heroin	
Benzodiazepines	
Sleeping tablets	
Alcohol	
Cannabis	
Other (what?):	

Setting

Where do you typically use? (tick all that apply)

Own home	
Friends home	
Shelter	
Hostel	
Safe consumption facility	
Prison	
Public spaces	
Other (where?):	
Do you use alone?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	

Hygiene

Do you clean your hands prior to preparing drugs?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
How do you clean them?	
Warm water and soap	
Alcohol type hand cleanser	
Cold water and soap	
Warm water no soap	
Cold water no soap	
Other (please specify):	

Sexual Health and BBVs

When using cocaine/crack do you have unplanned or impulsive sex?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
When using cocaine/crack have you had sex you later regretted?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
When using cocaine/crack do you have rough sex? E.g. vigorous intercourse, fisting etc.	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
When using cocaine/crack do you have unprotected sex? (worker should explore where relevant all forms of sex including oral, vaginal and sharing of sex toys)	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
Are you pregnant? Is it possible you could be pregnant?	

Have you had any sexual relationships in order to get things you need e.g. money, food, alcohol or drugs, gifts or other things that are important to you?	
Have you been tested for HIV in last six months?	
Are you aware of current HIV status? i.e. collected results and no risk exposure since test	
Have you been tested for HCV in last six months?	
Are you aware of current HCV status? i.e. collected results and no risk exposure since test	
Have you had a sexual health check up in the last six months?	
Are you aware of current STI status? i.e. collected results and no risk exposure since test	

Injecting (please only complete this section if client injects)

How do you inject?				
	Cocaine	Heroin	Amphetamine	Other (what?):
IV				
IM				
Subcutaneous				

What size needle do you generally use? (please tick)

Colour	Gauge Size	Length	Suitability for	Drugs usually injected by needle	Available in One Hit Kit Format
Green	21g (0.8mm)	1 1/2" (38mm)	Drawing oil based steroids. Intramuscular (IM) Injection of steroids (buttocks).	Oil Based Steroids	In Steroid Glasses Case
Blue	23g (0.6mm)	1 1/4" (32mm)	Intramuscular (IM) injection of steroids (buttocks). Femoral (groin) injection (IV).	Steroids, Heroin, Cocaine and Amphetamine (if femoral vein accessed).	In Blue One Hit Kit (2ml) In Steroid Glasses Case
Blue	23g (0.6mm)	1" (25mm)	Intramuscular (IM) injection (buttock, thighs and shoulders) of steroids. Femoral (groin) injection (IV).	Steroids, Heroin, Cocaine and Amphetamine (if femoral vein accessed).	No-Access fixed site for Pick & Mix
Orange	25g (0.5mm)	1" (25mm)	Femoral (groin) injection (IV). Slightly deeper veins when the needle is prone to blocking.	Steroids, Heroin, Cocaine and Amphetamine (if femoral vein accessed).	In Orange One Hit Kit (3ml)
Orange	25g (0.5mm)	5/8" (16mm)	Slightly deeper veins when the needle is prone to blocking.	Steroids, Heroin, Cocaine and Amphetamine (if femoral vein accessed).	No-Access fixed site for Pick & Mix
1ML Fixed (LOW DEAD SPACE)	27g-29g	1/2" (13mm)	Superficial veins, such as arms, hands, feet and legs (IV) Subcutaneous injection of some hormones.	Heroin, Cocaine, Amphetamine and NPS. IPEDS such as growth hormone, tanning agents and peptides.	In Black One Hit Kit (1ml)

Over the past 6 months, which of the following sites have you used for injecting?				
	Cocaine	Heroin	Amphetamine	Other (what?):
Arms				
Hands				
Feet				
Leg				
Groin				
Neck				
Breasts				
Penis				
Other				

How frequently do you inject?	
Less than once a week	
Weekly	
Most days	
Daily	
More than once a day (how many times)?	

Over the past 6 months have you experienced any complications which may be connected to you injecting?	
Abscesses	
infection	
Cellulitis	
Ulcer	
DVT	
Open Wound	
Blocked or Collapsed Veins	
Missed hits	
Other (what?):	

Do you ever flush the blood back and forth whilst the needle is still in the vein?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	

Do you ever use any of the following techniques for raising a vein?	
Tourniquet	
Warm water	
Gentle exercise	
Fist clenching	
Swinging arms(windmill motion)	

Preparation for injecting

Do you clean your injecting sites prior to injecting drugs?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
How do you clean them?	
Warm water and soap	
Alcohol type hand cleanser	
Cold water and soap	
Warm water no soap	
Cold water no soap	
Other (please specify):	

Use of acidifier

Do you use an acidifier to break down your drugs for injection?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
If yes how much do you tend to use?	
Whole content of single use sachet	
2 or more single use sachets	
Only a small amount of sachet	
Other (please specify):	

Use of water

What source of water do you use to prepare your drug for injection?	
Water from injection ampules	
Water from cooled boiled kettle	
Cold tap water	
Warm or hot water from tap	
Bottled water	
Water from a cup that others have access to	
Other (please specify):	

Do you use water to flush out your syringe after injecting?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	

Needle reuse and batch preparation

Do you ever share needles/syringes with anyone else?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
Do you ever share spoons, water, filter with anyone else?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
Do you ever reuse your own needle/syringe?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
Do you ever reuse your own spoons, water, filter?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
Do you ever prepare (for injecting) a larger amount of drugs to share with others?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
Do you ever have your drugs for injection prepared by others?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	

Smoking (please only complete this section if client inhales)

What kind of inhalation pipes and gauzes do you use?	
Glass/Pyrex pipe	
Steel pipe	
Foil from IEP service	
Pipe made from drink can	
Pipe made from plastic bottle	
Pipe made from inhaler	
Pipe made from glass miniature bottle	
Pipe gauze	
Gauze made from metal scouring pad	
Gauze made from tin foil	
Other (please specify):	
Do you ever share inhalation pipes with others?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	
How often do you change your gauze?	
Every hit/almost every hit	
Every few hits	
Occasionally	
Rarely	
Never	
When using crack/freebase do you? (tick all that apply)	
Break up the rock	
Hold the smoke in the lungs	
Scrape down residue from pipe	
Smoke with tobacco/ash	
Allow pipe to cool to touch	

Freebase cocaine	
If you smoke freebase cocaine, do you typically:	
Buy as freebase	
Make your own freebase	
If you make your own freebase do you rinse off the ammonia and dry thoroughly before smoking?	
Never/almost never	
Sometimes	
Often	
Always/nearly always	