

NHS Greater Glasgow & Clyde  
Mental Health Services  
**Outpatient Clozapine Titration Regime**

**Name:**

**CMHT:**

**CHI Number:**

**Consultant:**

|    | Day       | Date | Daily dose            |
|----|-----------|------|-----------------------|
| 1  | Monday    |      | 12.5mg in the morning |
| 2  | Tuesday   |      | 25mg in the morning   |
| 3  | Wednesday |      | 37.5mg in the morning |
| 4  | Thursday  |      | 50mg in the morning   |
| 5  | Friday    |      | 75mg in the morning   |
| 6  | Saturday  |      | 75mg in the morning   |
| 7  | Sunday    |      | 75mg in the morning   |
| 8  | Monday    |      | 100mg in the morning  |
| 9  | Tuesday   |      | 125mg in the morning  |
| 10 | Wednesday |      | 150mg in the morning  |
| 11 | Thursday  |      | 150mg in the morning  |
| 12 | Friday    |      | 175mg in the morning  |
| 13 | Saturday  |      | 175mg in the morning  |
| 14 | Sunday    |      | 175mg in the morning  |
| 15 | Monday    |      | 200mg in the morning  |

**Date Titration Commenced:**

**Prescribing Doctor's signature:**

Approved: December 2025  
Review date: December 2027

### **Important Information for Staff**

- If started as an inpatient, this titration regime must also be prescribed by medical staff on HEPMA under 'Clozapine loading regime- as charted'
- Monitoring for effect and side effects during titration [monitor blood pressure, pulse, respiration and temperature] will be carried out via DOCCLA and escalated to medical staff accordingly.
- After initial 15-day titration is complete, clozapine should then be prescribed on clozapine out-patient prescription form. Doses should be increased at a rate and by increments based on the response to treatment and tolerability.
- This regime should be filed in case notes when complete.
- All nursing staff must be aware of side effects of clozapine & to be alert for signs and symptoms of infections, refer to [GG&C clozapine standards](#) at all times.