

Outpatient Clozapine Titration Regime

Name:

CMHT:

CHI Number:

Consultant:

| | Day | Date | Daily dose |
|----|------------|-------------|-----------------------|
| 1 | Monday | | 12.5mg in the morning |
| 2 | Tuesday | | 25mg in the morning |
| 3 | Wednesday | | 37.5mg in the morning |
| 4 | Thursday | | 50mg in the morning |
| 5 | Friday | | 75mg in the morning |
| 6 | Saturday | | 75mg in the morning |
| 7 | Sunday | | 75mg in the morning |
| 8 | Monday | | 100mg in the morning |
| 9 | Tuesday | | 125mg in the morning |
| 10 | Wednesday | | 150mg in the morning |
| 11 | Thursday | | 150mg in the morning |
| 12 | Friday | | 175mg in the morning |
| 13 | Saturday | | 175mg in the morning |
| 14 | Sunday | | 175mg in the morning |
| 15 | Monday | | 200mg in the morning |

Date Titration Commenced:

Prescribing Doctor's signature:

Important Information for Staff

- If started as an inpatient, this titration regime must also be prescribed by medical staff on HEPMA under 'Clozapine loading regime- as charted'
- Monitoring for effect and side effects during titration [monitor blood pressure, pulse, respiration and temperature] will be carried out via DOCCLA and escalated to medical staff accordingly.
- After initial 15-day titration is complete, clozapine should then be prescribed on clozapine out-patient prescription form. Doses should be increased at a rate and by increments based on the response to treatment and tolerability.
- This regime should be filed in case notes when complete.
- All nursing staff must be aware of side effects of clozapine & to be alert for signs and symptoms of infections, refer to [GG&C clozapine standards](#) at all times.