



## Glasgow North East Mental Health and Suicide Prevention Network

To join the network, contact: [ggc.northeasthealthimprovementteam.admin@nhs.scot](mailto:ggc.northeasthealthimprovementteam.admin@nhs.scot)

### NETWORK MEETINGS

The aim of the network is to bring together the members and provide a platform for networking, support and sharing of resources. It allows organisations to learn from one another and a way for members to know of new projects and supports in their local area.

**5** Meetings took place per network.

**11** Spotlight Sessions were delivered as part of the meetings, featuring contributions from a range of organisations including; GGC Mental Health Network, Glasgow Rape Crisis, Restart Project, Mental Health Foundation, Moira Anderson Foundation, VOX Scotland, City Health Improvement Team, Child Bereavement UK, Strathclyde University Mens Minds Project, SAMH: The Nook and Employability Service.

### NEWSLETTERS



In 2025, newsletters were produced following each meeting. These can be accessed under the group files in sharepoint.

Member work has been highlighted through HSCP Partnership Matters briefings, displayed on Parkhead Hub Information Screens, and featured in the Suicide Prevention Scotland newsletters.

### EVENTS

- Mindfulness Session
- Suicide Prevention Week Activity
- Parkhead Hub Community Day and wider Information Stalls
- Stronger Together: Suicide Prevention Information Session
- Time to Talk Day
- World Mental Health Day: Helping Hands and Community Walk
- GGC Mental Health Network Celebration Event
- Creating Hope with Peer Support Event

### HIGHLIGHTS

- A collaborative partnership has been formed between Police Scotland and the Greater Glasgow and Clyde Mental Health Network to deliver safeTALK training to new police recruits.
- Findings from the Rosemount Lifelong Learning Suicide Prevention Research Project have been shared, offering valuable insights into community needs and responses.
- The national campaign and awareness resources were launched, including Place Called Here, with Natalie featuring on the accompanying podcast to amplify lived experience voices.
- A range of training activities have been delivered, including Wave After Wave, Providing a Compassionate Response After Suicide Bereavement, and suicideTALK, supporting workforce development and community resilience.

### NETWORK MEMBERS

From the beginning of 2025, the Adult and Children & Young People Mental Health and Suicide Prevention Networks merged to form a single, unified group. This group now supports the Life Course approach and has fostered greater collaboration. Our meetings are now attended by a diverse range of participants, including representatives from public bodies, third sector organisations, volunteers, education students, and individuals with lived experience.

**166** Individuals on our network.

**97** Participants in attendance across the 5 network meetings.

