



CLINICAL GUIDELINE

Enteral Feeding (EF) products for patients in the community, prescribing

A guideline is intended to assist healthcare professionals in the choice of disease-specific treatments.

Clinical judgement should be exercised on the applicability of any guideline, influenced by individual patient characteristics. Clinicians should be mindful of the potential for harmful polypharmacy and increased susceptibility to adverse drug reactions in patients with multiple morbidities or frailty.

If, after discussion with the patient or carer, there are good reasons for not following a guideline, it is good practice to record these and communicate them to others involved in the care of the patient.

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| Lead Author: | Hannah Duncan |
| Approval Group: | Non Medicines Utilisation Sub Committee of ADTC |
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Important Note:

The online version of this document is the only version that is maintained.
Any printed copies should therefore be viewed as 'Uncontrolled' and as such, may not necessarily contain the latest updates and amendments.

Guidance on prescribing enteral feeding (EF) products for patients in the community in NHSGGC

Patient has feeding tube in situ and is ready for discharge home from hospital. For adults the following discharge process will be followed: [Adult Enteral Feeding Discharge Process](#)



Once patient consents, initiating dietitian registers patient with Nutricia Homeward home delivery service. A small number of paediatric patients who are bolus fed will not be registered with Nutricia Homeward MyConnex.

Dietitian to request prescription of an enteral tube feed or ready to use oral nutritional supplements (ONS) for bolus use via a tube from the Nutricia range/other NHSGGC Formulary products in exceptional circumstances. [GGC Medicines: non-medicines formularies](#)

Dietitian will document the patients feeding regimen on Clinical Portal as per local practice and give the patient a copy on their hand held record - lilac form.



Patient will have been given a 10 day supply of enteral feed and/ or ONS, and ancillaries and pump (if required) on discharge from hospital.

GP will be asked to prescribe enteral feed and / or Ready -To-Use (RTU) Oral Nutritional Supplements (ONS). Ancillaries are determined by the initiating dietitian and charged to the community nursing budget.



Actions to be taken by GP –

- Prescribe requested enteral feed or RTU ONS.
- For those requiring assistance with feeding from District Nurse (DN) teams the enteral feed/RTU ONS needs to added to the Direction to Administer form and communicated with DN team.
- GP Surgery should scan a copy of all Nutricia Homeward MyConnex requests in patient's Docman.

Further info on Page 3

Prescription Information

On a monthly basis Nutricia will stock check patients supply of enteral feed either by telephone or online and request prescriptions from the GP practice. Nutricia will contact the GP surgery every 28 days to request the on-going prescription.

The GP practice can sign up to email prescription requests by sending an email from your nhs email account to ntrl.prescription.team@nhs.net with the subject "Prescription request by email please".

When a new patient is first registered or if there is an urgent change of regimen Nutricia will request 2 prescriptions (one for the initial delivery and one for the next scheduled delivery this may include a buffer stock (7 extra days) as required.

Prescriptions require to be sent to Nutricia Homeward in England as below:
Nutricia Homeward, White Horse Business Park, Trowbridge, Wiltshire, BA14 0XQ

The prescription will then be endorsed with the amount supplied to the patient.

For further information please contact the patient's managing dietetic team (this can be found on Clinical Portal / Electronic Patient Record) or for general enquiries contact the prescribing support dietetic team at ggc.prescribingsupportdieticians@nhs.scot or 0141 201 6012.

Dietitians within community managing the cases of adult enterally fed patients will update the GP when any changes to regimen are required and at least 6 monthly.

If patient no longer requires Nutricia Homeward MyConnex delivery and are taking ONS orally, they should be switched to the preferred list 1st line product where possible: [NHSGGC Oral and Enteral Nutrition Formularies](#)