INTERNAL MEMORANDUM

To: All in Maternity

From: Dr Evelyn Ferguson, Consultant Obstetrician, Kate Boyle, Interim Head of Midwifery and Lynsay McAulay, Senior Pharmacist

Date effective: 10th September 2026

Subject: Dinoprostone (Prostin E2®) vaginal gel

Prostin E2® 1 mg and 2 mg vaginal gel are now available again within NHS Lanarkshire and will be the preferred Dinoprostone formulation for induction of labour.

For induction of labour, the recommended NHS Lanarkshire dosing regimen follows BNF guidance, as outlined below:

	Primigravida	Parous women/pregnant people
1st dose	2mg	1mg
2nd dose	1mg	1mg
3rd dose	1mg	1mg

If clinically required, the second and third doses should be administered 6 hours after the preceding dose.

Dinoprostone tablets remain unavailable and an update on availability will be provided in due course.

A reminder that Outpatient IOL with Cook's Balloon is NHS Lanarkshire's recommended first line of induction process in patients with no contraindications.