

# Project Milkshake

## Milkshake Dosage



### Start by offering 50ml 'shots'

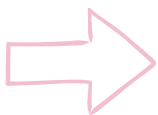
- ➡ Introduces the milkshakes
- ➡ Helps residents determine which flavours they prefer

**Gradually increase volume as per the resident's acceptance and tolerance**



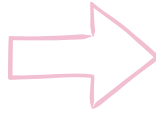
**Week 1**

50ml



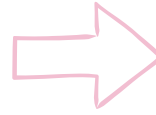
**Week 2**

100ml



**Week 3**

200ml



**Week 4**

200-400ml

- Aim to increase up to a maximum of 400ml daily
- Amounts will be individualised to the resident and regularly reviewed