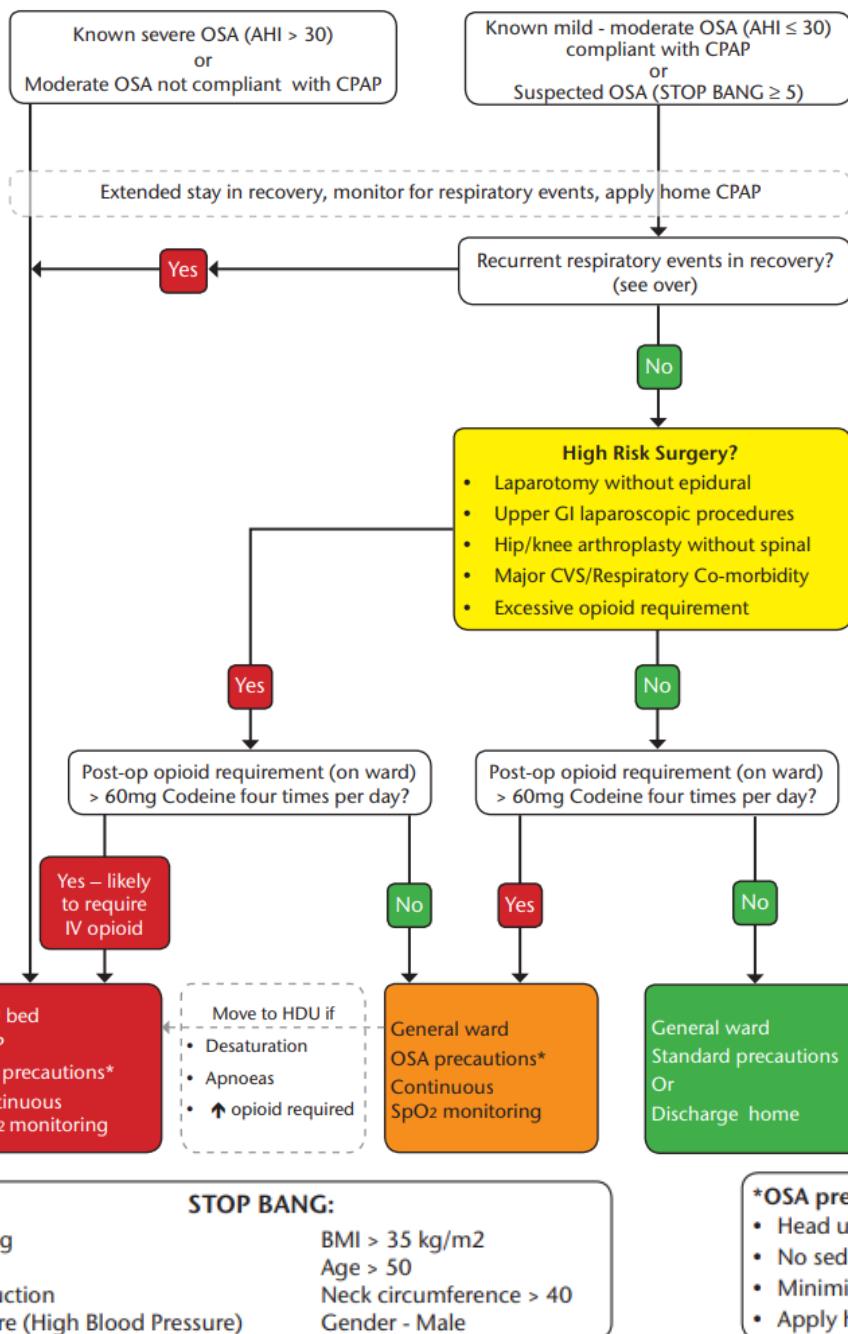


RECOVERY OBSTRUCTIVE SLEEP APNOEA (OSA) GUIDELINE

TARGET AUDIENCE	Anaesthetics, Critical Care, Recovery, Theatre team
PATIENT GROUP	Guidance for post-anaesthesia recovery room observation for patients with known or suspected Obstructive Sleep Apnoea (OSA)



Recovery Obstructive Sleep Apnoea (OSA) Guideline

Guideline flowchart to be used in conjunction with patient clinical record for recording of recovery room observations - [Recurrent Respiratory Events in Recovery SAMPLE.pdf](#)

AHI = Apnoea/hypopnoea index

CPAP = continuous positive airway pressure

Lead Author	Claire McIntyre	Date approved	29/10/2025
Version	3	Review Date	29/10/2028

Recovery Obstructive Sleep Apnoea (OSA) Guideline

Appendices

1. Governance information for Guidance document

Lead Author(s):	C McIntyre, consultant anaesthetist
Endorsing Body:	
Version Number:	3
Approval date	29/10/2025
Review Date:	29/10/2028
Responsible Person (if different from lead author)	C McIntyre, consultant anaesthetist

CONSULTATION AND DISTRIBUTION RECORD	
Contributing Author / Authors	D Blacoe, consultant anaesthetist, 2019
Consultation Process / Stakeholders:	Department of anaesthesia, UHM
Distribution	Department of anaesthesia, theatre recovery

Lead Author	Claire McIntyre	Date approved	29/10/2025
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Recovery Obstructive Sleep Apnoea (OSA) Guideline

CHANGE RECORD			
Date	Lead Author	Change	Version No.
2019	D Blacoe	e.g. Review, revise and update of policy in line with contemporary professional structures and practice	1
2022	C McIntyre	No changes	2
2025	C McIntyre	Document added to new guideline template per new procedure. Patient clinical record now separate – to be found in Clinical Records – see link embedded in document. Abbreviations expanded.	3
		.	4
			5

This flowchart should be used in conjunction with the Recurrent Respiratory Events in Recovery clinical records form for documentation of Bradypnoea, Apnoea, Desaturation episodes – see [Recurrent Respiratory Events in Recovery SAMPLE.pdf](#).

Lead Author	Claire McIntyre	Date approved	29/10/2025
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