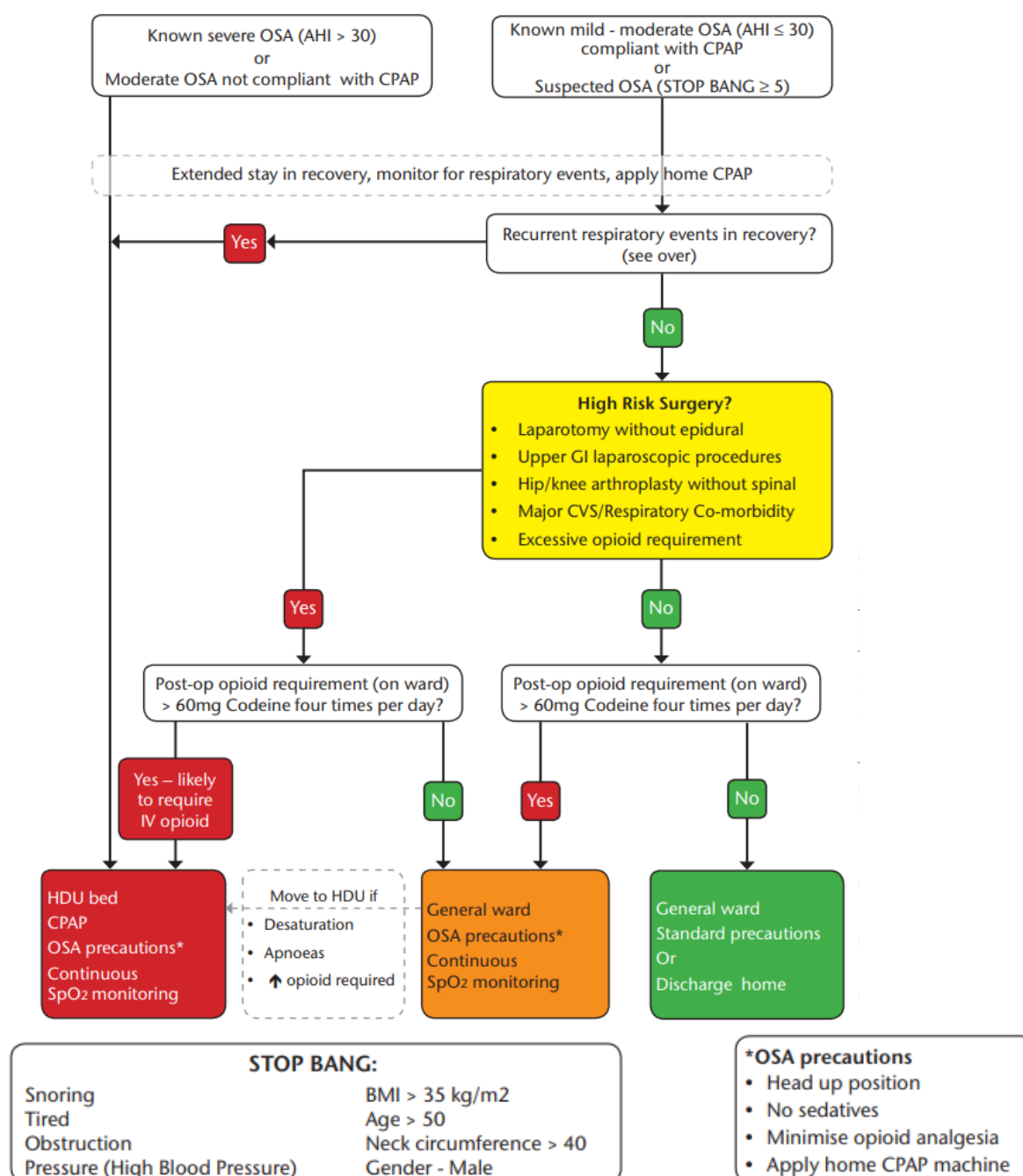


# RECOVERY OBSTRUCTIVE SLEEP APNOEA (OSA) GUIDELINE

<b>TARGET AUDIENCE</b>	Anaesthetics, Critical Care, Recovery, Theatre team
<b>PATIENT GROUP</b>	Guidance for post-anaesthesia recovery room observation for patients with known or suspected Obstructive Sleep Apnoea (OSA)



## ***Recovery Obstructive Sleep Apnoea (OSA) Guideline***

Guideline flowchart to be used in conjunction with patient clinical record for recording of recovery room observations - [Recurrent Respiratory Events in Recovery SAMPLE.pdf](#)

AHI = Apnoea/hypopnoea index

CPAP = continuous positive airway pressure

Lead Author	Claire McIntyre	Date approved	29/10/2025
Version	3	Review Date	29/10/2028

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## Recovery Obstructive Sleep Apnoea (OSA) Guideline

### Appendices

#### 1. Governance information for Guidance document

<b>Lead Author(s):</b>	C McIntyre, consultant anaesthetist
<b>Endorsing Body:</b>	
<b>Version Number:</b>	3
<b>Approval date</b>	<b>29/10/2025</b>
<b>Review Date:</b>	29/10/2028
<b>Responsible Person (if different from lead author)</b>	C McIntyre, consultant anaesthetist

CONSULTATION AND DISTRIBUTION RECORD	
<b>Contributing Author / Authors</b>	D Blacoe, consultant anaesthetist, 2019
<b>Consultation Process / Stakeholders:</b>	Department of anaesthesia, UHM
<b>Distribution</b>	Department of anaesthesia, theatre recovery

<b>Lead Author</b>	Claire McIntyre	<b>Date approved</b>	29/10/2025
<b>Version</b>	3	<b>Review Date</b>	29/10/2028

## Recovery Obstructive Sleep Apnoea (OSA) Guideline

CHANGE RECORD			
Date	Lead Author	Change	Version No.
2019	D Blacoe	<i>e.g. Review, revise and update of policy in line with contemporary professional structures and practice</i>	1
2022	C McIntyre	No changes	2
2025	C McIntyre	Document added to new guideline template per new procedure. Patient clinical record now separate – to be found in Clinical Records – see link embedded in document. Abbreviations expanded.	3
		.	4
			5

This flowchart should be used in conjunction with the Recurrent Respiratory Events in Recovery clinical records form for documentation of Bradypnoea, Apnoea, Desaturation episodes – see [Recurrent Respiratory Events in Recovery SAMPLE.pdf](#).

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