

## **Henry Programmes and Workshops**

### **East Dunbartonshire**

#### **Starting Solids**

Hillhead Community Club Kirkintilloch -Wed 21<sup>st</sup> Jan 2026 10am-11:30am

Cairns Church Milngavie- Wed 4<sup>th</sup> Feb 2026 10am-11:30am

Cairns Church Milngavie – Wed 11<sup>th</sup> Mar 2026 10am-11:30am

\*\* Lennoxtown\*\*

#### **Fussy Eating**

Hillhead Community Club Kirkintilloch- Wed 28<sup>th</sup> Jan 2026 10am-11:30am

Cairns Church Milngavie- Wed 25<sup>th</sup> Feb 2026 10am-11:30am

#### **0-5 Henry Programme**

Cairns Church Milngavie – Monday 12<sup>th</sup> Jan 2026 9:30am-11:30am

#### **5-12 Henry Programme**

Workshops – Lennoxtown Primary and St Machans 12<sup>th</sup> Jan, 19<sup>th</sup> Jan

Lennoxtown Primary Programme – 20<sup>th</sup> April-8<sup>th</sup> June

**Louise Tough 07387 414 287 to call or referral through QR code**

