

## Henry Programmes and Workshops

### Glasgow South

#### STARTING SOLIDS

Govanhill neighbourhood centre- 29<sup>th</sup> January 2026 1pm-2:30pm

Riverside Hall Govan- 5<sup>th</sup> Feb 2026 1pm-2:30pm

Castlemilk Community Centre- 12<sup>th</sup> Feb 2026 1pm-2:30pm

#### FUSSY EATING

Pollok Community Centre- 16<sup>th</sup> Jan 2026 AM ONLY 10:15am-11:15am

Riverside Hall Govan- 22<sup>nd</sup> Jan 2026 1pm-2:30pm

Govanhill Neighbourhood centre- 5<sup>th</sup> March 2026- 1pm-2:30pm

0-5 Programmes will run in April. Dates to follow

5-12 programmes are running in St Francis Primary Gorbals and St Monicas Primary Pollok

If you have any queries please call Louise 07387 414287

