

# Patient App Overview

The Doccla app is designed to help you manage your care with ease and stay connected to your clinical team. Once you log in, you will see several key sections that support different aspects of your care journey.

The **Start Visit** section is where you complete your daily symptom questionnaires to help you keep an eye on your chest health and pick up on any changes. Your answers help build up a better picture of your health and support you and your clinical team to manage your condition. The Introduction to the COPD support service questionnaire explains all about the patient app to help get you started.

The **Messages** section is your direct link to your clinicians. Here, you can view any messages they have sent you and, if you need advice or support, you can also send them a message through the app. This ensures you always have a secure and reliable way of staying in touch. Messaging responses are not instant and are reviewed during working hours, Monday to Friday. For urgent medical attention or advice contact your GP or phone NHS 111. If it's an emergency, phone 999.

The **Reviewed** section allows you to look back at your historic questionnaire responses. This gives you a clear picture of your progress over time and helps you reflect on the information you have shared with your team.

Finally, the **Information** section provides a links to useful resources provided by the *Right Decision Service*, including guidance and advice about your lung condition, along with practical tips on how to manage your symptoms and improve your wellbeing day-to-day.

Together, these sections make the Doccla app a simple but powerful tool for staying engaged with your care programme and feeling confident in managing your health.

