

TREATMENT PATHWAY

Name: _____ CHI: _____

Core Biopsy Result: Type of cancer - _____ Provisional Grade - _____

Lymph Node - _____ Oestrogen Receptor - / 8 Progesterone Receptor - / 8

Her2 - _____

Referral to: Improving the Cancer Journey Live Active – Inverclyde Leisure The Cancer Support Worker Service

Magseed to be inserted: Yes No Date: _____

Type of Breast Surgery:

An appointment to attend the clinic, approximately 1 week after surgery, will be sent to you. At this appointment we will discuss the results of your surgery and inform you of any further treatment that you may need.

Final Pathology Result: Type of cancer - _____ Size - _____ Grade - _____

Lymph Nodes - _____ Oestrogen Receptor - / 8 Progesterone Receptor - / 8

Her2 - _____

Is a re-excision required? Yes No

Potential Other Treatments Options:

Oncotype DX test - Yes No To be discussed

Chemotherapy - Yes No To be discussed

Radiotherapy - Yes No To be discussed

Endocrine Therapy - Yes No

Immunotherapy - Yes No To be discussed

Bisphosphonates (bone strengthening infusion) - Yes No To be discussed

Clinical Trial - Yes No To be discussed

Oncology Appointment: Date - _____ Time - _____

Clinic - _____ Consultant - _____

Breast surgical follow up is detailed overleaf.

TREATMENT PATHWAY

Information about your follow up plan after breast surgery

An important part of your care after breast cancer surgery, is your follow up plan. Recent evidence has shown that your surveillance programme (follow up) should continue for 5 years after your diagnosis of breast cancer. This is described below:

- Your breast clinical nurse specialist (CNS) will contact you or make an appointment with you after you complete most of your treatment.
- Year 1 – You will be invited to attend for a mammogram and review at the breast clinic.
- Years 2, 3 & 4 – There is no need to attend the breast clinic. Your mammogram and a review of your care will be arranged by the breast team. You will receive a letter with the result no later than 6 weeks afterwards. If you do not receive a letter, please call the breast secretary.
- Year 5 – You will be invited to attend for a mammogram and review at the breast clinic.

If you are 50 years of age or more at year 5, you will be discharged from follow up and are eligible to join the NHS Breast Screening Programme. You will be invited for breast screening until you are 71 years of age.

If you are younger than 50 years of age at year 5, you will continue to have annual mammograms until you reach the age of 50. You will then be invited for breast screening until you are 71 years of age.

Most patients who are treated for breast cancer do very well and have no further problems with their breasts. There is a small minority who may have problems in the future and it has been proven that breast self-examination is the best and most efficient way of identifying changes to the breast. The Breast CNS can demonstrate and provide leaflets on breast self-examination for you, if you wish. If you have concerns regarding your breasts in the future, we advise that you make an appointment with your G.P. who will, if necessary, refer you back into the breast service.

We hope this information is helpful and should you require any further information, please ask a member of your breast team.

Breast Secretaries

RAH + VOL – 0141 314 6172 or 0141 314 7222

IRH – 01475 504609