

## **Henry Workshops and Programmes**

### **Glasgow North West**

#### **Starting Solids**

**Maryhill Health Centre ( Multipurpose room)**

**Friday 16<sup>th</sup> Jan 2026- 1pm-2:30pm**

**Heart Of Scotstoun- Friday 30<sup>th</sup> Jan 1pm-2:30pm**

**Drumchapel Community Centre**

**Friday 6<sup>th</sup> Feb 2026 1pm-2:30PM**

#### **Fussy Eating**

**Maryhill Health Centre( Multipurpose room) – 13th February 1pm-2:30pm**

**Drumchapel Community Centre – 20th February 1pm-2:30m**

#### **0-5 Henry Programme**

**Woodside Health Centre (Multi purpose room)**

**Wed 14<sup>th</sup> Jan 2026-11<sup>th</sup> March 12:30pm-2:30pm**

**Louise Tough 07387 414 287 to call or referral through QR code**

