

Patient leaflet: PPI Difficulty swallowing capsules / tablets

Omeprazole capsules / orodispersible tablets

- Part dose: use the dispersible tablet.
- Round the dose to the nearest quarter of a 10mg or 20mg tablet. Tablets are not scored so dose will be approximate.
- Cut the tablet and disperse in a small amount of water, fruit juice or applesauce for oral administration. DO NOT mix with milk or carbonated water.
- The dispersion should be given immediately (within 15 minutes).
- Full 10mg or 20mg oral dose: the capsules can be opened and the contents dispersed in water or sprinkled on soft food, such as yoghurt.

Lansoprazole 15mg and 30mg capsules/dispersible tablets.

- Part dose: use the dispersible tablet.
- Round the dose to the nearest quarter of a 15mg or 30mg tablet. The tablet should be cut as appropriate for the prescribed dose. Tablets are not scored so dose will be approximate.
- Lansoprazole orodispersible tablets are fruit flavoured and should be placed on the tongue and gently sucked. The tablet rapidly disperses in the mouth. Alternatively, the tablet can be dispersed in a small amount of water for oral administration.
- For full 15mg or 30mg oral dose, the capsules can be opened and the granules mixed with a small amount of water, apple/tomato juice or sprinkled onto a small amount of soft food (eg yoghurt, apple puree) to ease administration.
- The mixture should be administered immediately.
- It is recommended that lansoprazole is given at least 30 minutes before food.
- For enteral tube administration use Zoton Fastab®. (The diameter of the micro-granules varies with brand used). The prescribed dose should be dispersed in at least 10mL water and the tube flushed well afterwards.

Esomeprazole 10mg gastro resistant granules for suspension (sachets)

1. For a 10mg dose, add the contents of ONE 10mg sachet into 15mL of water
2. For a 20mg dose, add the contents of TWO 10mg sachets into 30mL of water
3. Stir then **leave for at least 2 minutes to thicken. It is essential for the granules to sit in water for a few minutes to fully disperse and reduce the blocking the enteric tube.**



4. Stir again then draw the suspension into an enteral syringe.
5. Administer through the enteric tube, French size 6 or larger, within 30 minutes of reconstitution.
6. Refill the enteral syringe with a small amount of water and administer (this will rinse the enteral syringe and ensure that the total dose is administered).
7. Shake and flush any remaining contents from the enteric tube into the stomach. Any unused suspension should be discarded.
8. Up to 50mL volume of water is recommended for jejunal tube administration.